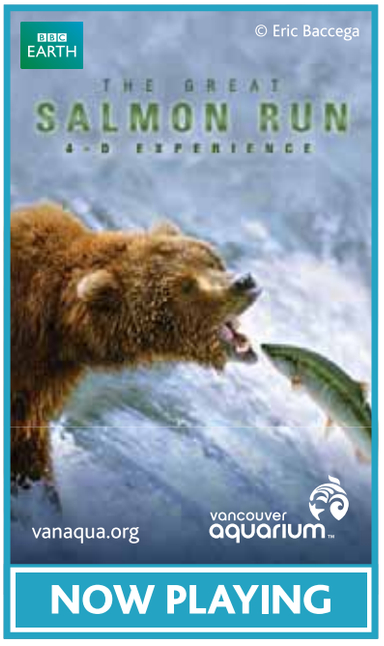
Fairway destinations for fall

Get into the full swing of autumn with some of Canada's best golf courses offering seasonal sights PAGE 23

TRANSIT COALITION URGING REFORM

NEWLY LAUNCHED GET ON BOARD WANTS SUSTAINABLE TRANSLINK- FUNDING MODEL PAGE 3



VANCOUVER metro®

Wednesday, September 26, 2012

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Dead inmate linked to murder

Highway of Tears.
Police seeking info on killer from public

Deceased U.S. convict Bobby Jack Fowler has been named the killer of a 16-year-old girl and considered a strong suspect in two other murders almost four decades ago along northern British Columbia's Highway of Tears.

Thirteen women have been murdered and five have gone missing along Highways 16, 97 and 5 since 1969.

RCMP confirmed Tuesday that Fowler has been linked by DNA evidence to the 1974 murder of Colleen MacMillen, who went missing after leaving her home in Lac La Hache, south of Prince George, to hitchhike along Highway 97 to a friend's house. She was found dead off a logging road 46 kilometres south of where she was last seen.

RCMP Insp. Gary Shinkaruk says Fowler, who was serving a 16-year prison sentence in an Oregon prison when he died of lung cancer at age 66, also remains a strong suspect in the murders of Gale Weys and Pamela Darlington, both 19, who were found murdered in 1973.

Colleen's brother, Shawn, thanked the RCMP for identifying his sister's killer. "We're comforted by the fact that he was in prison when he died and he can't hurt anyone else," he said while fighting back tears.

Police say Fowler, who had no criminal record in Canada but an extensive one in the U.S. — including attempted murder, sexual assault and kidnapping — was transient and worked at a roofing company in Prince George in 1974.

Fowler has been ruled out in eight of 18 cases, Shinkaruk says, and RCMP are confident the Highway of Tears cases are not the work of a single killer.

Investigators described Fowler as charming but often extremely violent. He frequented bars, took odd jobs and picked up hitchhikers.

Shinkaruk says Fowler's surviving victims described him as someone who believed that women who hitchhiked and frequented bars "had a desire to be violently sexually assaulted."

PHYLICIA TORREVILLAS/METRO

Project E-PANA

Work done by Highway of Tears investigators thus far:

- 750 DNA samples collected.
- 2,500-plus people interviewed.
- 100-plus polygraph tests conducted.
- 1,413 persons of interest investigated.

Shawn MacMillen, brother of murder victim Colleen MacMillen, looks at a poster of his sister during a news conference in Surrey on Tuesday.

JONATHAN HAYWARD/THE CANADIAN PRESS

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Transit users face long lines and full buses at the UBC bus loop. Tuesday saw the launch of Get On Board B.C., a coalition determined to advocate for public-transit improvements and finding a sustainable funding model for TransLink. CONTRIBUTED

Transit coalition gets on board for change

Public transportation. Initially a student-led drive, new partnership will push for transit improvements and TransLink funding

MATT KIELTYKA
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A new coalition is asking Vancouver-area residents to get on board with public-transit reform.

Backed by supporters like mayors Richard Walton, Dianne Watts and Gregor Robertson, Simon Fraser University planner Gordon Price and former Vancouver mayoral candidate Peter Ladner, the Get On Board B.C. coalition launched at the University of British Columbia Tuesday.

Originating as a student-led initiative of the Alma Mater Society of UBC, Get On Board has evolved into a wide-ranging coalition determined to advocate for public-transit improvements and finding a sustainable funding model for TransLink.

Get On Board will also be canvassing candidates in the next provincial election and endorsing a slate they feel will benefit public transit in the Lower Mainland.

Get On Board members:

Alma Mater Society of UBC, Sustainable Transportation Coalition, Surrey Board of Trade, Kwantlen Students Association, Arbutus Ridge Community Association, Student Union of Vancouver Community College, Simon Fraser Student Society, University Neighbourhoods Association, Sustainable SFU, Douglas Student Union.

"We think this is a phantom issue," said campaign director Tanner Bokor, a second-year undergraduate student at UBC and vice-president of the Alma Mater Society. "People look at TransLink as the one to get frustrated with when it comes to public transit, but don't think of it as a provincial body. We want to make public transit an election issue."

Bokor points to TransLink's 2013 Base Plan as a sign that the funding model for the transit authority needs to be overhauled.

It announced last week it would have to cut back on 306,000 hours of planned bus service in a bid to save $98 million annually.

Meanwhile, university students along the 99 B-Line route to UBC and 135 route to SFU get passed up by full buses, also outlying neighbourhoods in the suburbs are badly underserved, Bokor said.

The coalition recommends several measures to ensure TransLink is properly funded, including regional tolling, reallocated gas and corporate taxes and allowing for more short-term property-tax hikes to pay for infrastructure projects.

"We know it won't be easy," said Bokor. "It's a long process."

The coalition said Vancouver Mayor Gregor Robertson is planning a council motion in support of the campaign.

SMEN 1

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Sentencing. B.C. truck driver avoids jail after admitting to crash that fouled Goldstream River

A 35-year-old fuel-truck driver who crashed his rig on the Malahat Highway north of Victoria last year has been given a conditional sentence for dangerous driving.

Nanaimo resident James Allan Smith was handed the three-month conditional term and nine months' probation after pleading guilty to the driving offence and also to one count of violating the Fisheries Act.

No one was hurt, but the incident dumped more than 40,000 litres of gasoline and hundreds of litres of diesel into the Goldstream River, killing thousands of juvenile chum and coho salmon.

It also caused chaos for travellers up and down Vancouver Island because the only highway leading north from Victoria was blocked for almost 24 hours.

In addition to the conditional sentence, Smith's licence is suspended for another year, on top of the two-year suspension imposed after the crash, he must perform 200 hours of community service and seek drug-and-alcohol counselling.

Witnesses described seeing the fully loaded Columbia Fuels tandem tanker travelling erratically along the highway on April 16, 2011, before crashing and rolling, splitting one of the tanks and sending fuel gushing toward the river just metres away.

THE CANADIAN PRESS

Spill

40,000

Truck crash dumped more than 40,000 litres of gasoline and hundreds of litres of diesel into the Goldstream River, killing thousands of juvenile chum and coho salmon

Heather Libby and Kai Nagata at a cafe on Commercial Drive Monday. KATE WEBB/METRO

Homegrown political satire show goes viral

YouTube. Mock news segment about hysterical weather girl hits half a million views

KATE WEBB
kate.webb@metronews.ca

An East Vancouver duo is wracking up hundreds of thousands of YouTube hits with satirical videos shot on a shoestring budget.

Heather Libby and Kai Nagata, the brains behind Deep Rogue Ram, had some moderate success working on web skits separately earlier this summer, with 30,000- and 25,000-hit videos respectively.

But it wasn't until the first video they made together hit half a million views in just a couple of weeks that they realized they were on to something. "Weathergirl goes rogue," a mock news segment about a weather girl who goes hysterical over the state of the climate, set blogs buzzing and caught the attention of several mainstream news outlets.

"A lot of comedy videos have to sacrifice intelligence for jokes, and, aside from Rick Mercer, who we adore, you don't see a lot of really awesome political and social satire coming out of Canada," Libby said.

"What we're really trying to see is which issues resonate with people and what kind of content people want," Nagata added.

Armed with only a couple of laptops, audio gear, borrowed cameras and intermittent access to studio space, the pair have so far managed to release one video a week in their spare time, tackling topics from Islamophobia to the abortion debate.

Nagata is something of a controversial figure, having quit his job as a CTV bureau chief last year and published a scathing reproach of television-journalism standards on his blog. He is now a freelance writer and videographer.

Libby works full-time as the managing editor of tcktcktck.org, an online aggregator of climate news supported by a consortium of 375 organizations around the world.

Both say they have never been affiliated with a political party, although Libby admits she once got her Conservative-voting dad a membership in the NDP as a "gift" to teach him "how the rest of Canada thinks."

Libby added they primarily see themselves as standing for consensus building and co-operation across party lines.

"You can't say everything the Conservatives do is wrong, because everything the left does isn't right," she said.

They release their new videos about once a week at deeprogueram.com. Follow them on Twitter @deeprogueram.

Political critics

"We're critical of hypocrisy. We're critical of greed. We're critical of disinformation. We're critical of anti-democratic activities."

Kai Nagata, co-creator of Deep Rogue Ram, on where his political loyalties lie

Investigation

Man killed by portable heater fire ID'd

The coroners service has identified a man who died in Saanich after sustaining fire injuries from a portable heater he used while sleeping outside.

Thomas Theodore of no fixed address was transported to hospital after the device caught on fire early Sunday.

The coroners service says police have ruled out any suspicious activity while the 43-year-old man was sleeping outside a building.

It's continuing to investigate the death.

THE CANADIAN PRESS

Charges

Body armour, handgun seized

West Vancouver police say a driver who didn't have any insurance did have a loaded handgun, body armour and a buck knife inside his vehicle when was stopped for speeding on the Trans-Canada Highway.

Constable Lisa Schmidtke says the 26-year-old man refused to comply with police demands when his uninsured vehicle was about to be towed last night. Shane Gyoba of Ashcroft spent the night in jail before appearing in North Vancouver provincial court.

Schmidtke says four charges have been laid against him, including obstruction of a peace officer.

THE CANADIAN PRESS

Disposal of debris. B.C. planning tsunami cleanup

British Columbia is preparing for a possible increase in debris from the Japanese tsunami as winter storms begin to batter the coast.

B.C. Environment Minister Terry Lake says the federal government continues discussions with Japan for funding to pay for the cleanup, but a plan will be in place by the end of October for the collection and disposal of debris.

Lake says there is a lot of uncertainty about just how much and when refuse from the March 2011 earthquake and tsunami will hit the coast of North America.

Experts believe about a million and a half tonnes of debris washed into the ocean.

A small percentage is expected to wash ashore in North America over the next two years.

Aside from a few high-profile items — including a Harley Davidson motorcycle that showed up on a B.C. beach in April — the bulk of the debris remains in the middle of the ocean.

THE CANADIAN PRESS

1,000-pound sturgeon caught on Fraser River

Employees of Daley & Company Chartered Accountants celebrate the biggest fish story of their lives Friday. COURTESY OF PEAK COMMUNICATORS

A team of 30 anglers from a Kamloops accounting firm caught a 1,000-pound sturgeon on the Fraser River near Chilliwack on Friday, just two months after an English couple caught the largest sturgeon ever recorded in B.C. in the same area.

The monster fish, considered a virgin sturgeon because it had never been tagged, measured 11 feet, eight inches long and was five feet around when measured below its pectoral fins.

"In the first few minutes I had it on the line I thought my arms were going to fall off, or I would end up in the river," said Norman Daley, leader of both the firm and team fishing trip.

"Managing that fish became a true team effort. About 15 minutes into the battle I handed the rod off to my colleague. Then after another 15 minutes he handed it back. There was no way that one person alone was going to get that fish to the boat. It was truly a team effort."

The English couple that caught the 1,100-pound sturgeon in July was also with the Great River Fishing Adventures.

KATE WEBB/METRO

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Vancouver's fall honey harvest is bee's knees to local keeper

Hive a nice day.
Fairmont Waterfront expects more than 2,000 kilograms of honey from its rooftop garden

KATE WEBB
kate.webb@metronews.ca

How much time and smoke does it take to steal honey from a hive full of bees?

Not very much, as John Gibeau, president of the Honeybee Centre, aptly demonstrated in a rooftop garden full of more than half a million bees at the Fairmont Waterfront on Tuesday.

First, you sneak up to them with a kettle full of smoke. Then, because they think there's a forest fire, they fill their bellies with the sweet, sweet nectar and fly away. The remaining ones can then be gently removed from the flats with a brush.

Misunderstood

"Wasps are meat eaters. They're the ones that ruin your picnic, not the bees."
Beekeeper John Gibeau, president of the Honeybee Centre

"We are exposing people to keeping bees in the city. It's a really good thing to do," Gibeau explained, as a small crowd of spectators watched hungrily from above.

"Bees love the city, and the city loves bees. (They offer) high honey yields in the city, there's a lot of flowers in the city that will benefit from bee pollination. And in Vancouver with the chicken-and- bee bylaw, there's vegetable gardens, fruit gardens — and the bees will visit and pollinate all fruits, all berries and most vegetables."

After the frames are bee-free, they are inserted into a centrifuge and spun. The honey flies loose from the combs, and drains down into a waiting jar below.

The Fairmont expects to harvest more than 2,000 kilograms of honey this fall from its rooftop garden and another site it keeps at the Vancouver airport. It serves the hotel honey to guests with an "afternoon hive" tea, and also offers it to them in little jars as a take-home token of appreciation.

Gibeau, a lifelong beekeeper, emphasized that bees are vegetarian, and as such are gentle by nature. He said they tend to be misunderstood, because people often confuse them with wasps.

"Wasps will bite you to try to take a bit of your skin away to feed their babies, and sting you at the same time to get your attention. Honey bees don't do that."

Vancouver's urban beekeeping bylaw allows residents to keep up to two hives each on one- and two-family lots, and up to four on lots larger than 10,000 square feet.

Bees cover a honeycomb rack on the roof of a building in the Kreuzberg district in Berlin this past May. SEAN GALLUP/GETTY IMAGES

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Premier preaches privacy in aide's departure

Resignation. Clark says she hopes to spare 'innocent' people hurt

Premier Christy Clark says she wants to ensure innocent people involved in the inappropriate incident that led to the departure of her chief adviser are not hurt.

Clark said Tuesday that she can't elaborate on the details of what happened in Victoria earlier this month that led Ken Boessenkool to suddenly resign.

But she said she doesn't want to see people who did nothing wrong undergo an invasion of their privacy.

"I certainly hope that in the course of this public dialogue that we are now having that people who have done nothing wrong are not hurt," she said during a news conference.

Quoted

"I don't have a lot to add ... because I am bound by the laws of privacy that apply to every employer in this province."

Premier Christy Clark

Clark refused to discuss particulars about the incident or shed light on the people involved, other than Boessenkool.

"I think people who have done nothing wrong, people who are innocent, shouldn't be hurt," she said.

"I think we all bear that responsibility."

Boessenkool's public letter of resignation to the premier said he let down his family, leading to rampant speculation about the nature of his transgression.

THE CANADIAN PRESS

Premier Christy Clark pauses for a moment during a news conference in Vancouver on Monday. JONATHAN HAYWARD/THE CANADIAN PRESS

Medical. Teen philanthropist needing surgery wants opinion from Mayo Clinic

A Victoria teen who has raised more than $1 million for children's charities in B.C. requires surgery that could leave her paralyzed, but the province refuses to pay for a second opinion from a U.S. specialist, the family says.

Eighteen-year-old Jeneece Edroff said in an interview with CTV she wants an opinion from doctors at the Mayo Clinic in Minnesota.

She has a medical condition that is causing her spine to deteriorate, but the surgery she has been recommended in Canada will likely end with paralysis. Edroff said she wants to learn more about an experimental treatment available at the Mayo Clinic in Minnesota.

"It will be way better for me to go there because they know these tumours, they know this condition," she told CTV. "I'm suffering here and they won't pay for it. So I'm not happy."

Edroff, a recipient of the Order of British Columbia, was diagnosed with neurofibromatosis at the age of three and began a penny drive four years later, raising more than $1 million in seven years.

British Columbia has a policy of not paying for out-of-province surgeries or second opinions that are available at home, but Edroff said Mayo Clinic physicians are uniquely trained to handle the specific tumours affecting her body.

"Her bones are all disintegrating," said her mother Angie Edroff. "Everything is falling apart in the lower end of the spine."

A spokesman with the Health Ministry said no doctor has contacted the ministry on Edroff's behalf requesting the Mayo Clinic procedures.

THE CANADIAN PRESS

Response

Health Minister Margaret MacDiarmid acknowledged to CTV it is rare for B.C. to pay for experimental treatment.

- "We usually wait until research has been done and the procedures have been validated," she said.
- MacDiarmid said she wants to help and has taken steps to have her ministry staff reach out to Edroff.

Pot prediction

Decriminalization won't stop organized-crime groups: RCMP

One of the RCMP's top drug-enforcement officers says he thinks organized-crime groups will try to control marijuana even if the drug is decriminalized.

Municipal politicians from around the province spent yesterday debating marijuana prohibition and will vote tomorrow on a resolution calling for its decriminalization.

But Sergeant Dave Williams says marijuana is too valuable for organized crime, especially with a huge market next-door in the United States.

THE CANADIAN PRESS

Survival

Hunters find missing women

A pair of alert hunters is being credited with finding a missing Lumby woman as she lay, helpless and incoherent, on the back seat of her car along a remote Okanagan forestry road.

RCMP say the Delta-area father and son had stopped at a North Okanagan store to pick up supplies yesterday and read posters advising of the disappearance of Susan Catt. They spotted Catt's missing car several hours later and called for help. Police say it's expected that Catt will survive her ordeal and they credit the two men with recognizing her vehicle and immediately calling police.

THE CANADIAN PRESS

Alexandra Morton says she has established the Department of Wild Salmon to monitor the fish in B.C. KIMBERLY WHITE/GETTY IMAGES FILE

Wild-salmon activist takes matters into her own hands

Cohen Commission.
Alexandra Morton won't wait for findings of federal inquiry into declining population

One of British Columbia's most vocal advocates for the preservation of wild salmon says she's not waiting to find out from a government inquiry why the Fraser River sockeye run crashed in 2009.

Just hours after the Cohen Commission announced Tuesday it had received yet another extension until Oct. 29 to submit its written findings, Alexandra Morton said she has already set up her own volunteer group to test and monitor wild salmon along the coast.

Morton has dubbed it the Department of Wild Salmon, a private-sector organization.

"I'm not going to waste my time and energy praying and hoping and begging Mr. DFO (Department of Fisheries and Oceans) to do something right," she said.

"It's never going to happen. DFO is downsizing."

Morton said she made her decision while reading through commission documents and over issues like the importation of salmon eggs, and also because she said she's not allowed to present fish samples to DFO for testing.

She said her organization includes First Nations, fisheries managers, stream keepers and commercial fishermen. They will be taught how to take biological samples from salmon so they can be tested for diseases.

Eventually she hopes to have her own lab.

"What I see in DFO is a lot of really wonderful people who would like to do the right thing, but they can't," she said.

Last June, three scientists from Simon Fraser University published a letter in the journal Science that was critical of cutbacks at eco-toxicology labs and an aquatic research facility run by Ottawa.

One estimate pegged the cuts to as much as $79.3 million over the next three years.

THE CANADIAN PRESS

Commission origins

- The Commission of Inquiry into the Decline of Sockeye Salmon in the Fraser River was formed by the federal government in November 2009 to investigate and report on the reasons for the fish's decline.
- That previous summer, 10 million fish were expected to return to B.C.'s rivers and streams, but only one million showed up.
- Justice Bruce Cohen, who was appointed to lead the inquiry, was asked to make recommendations for improving the fishery's sustainability. He had previous deadlines of June 30 and Sept. 30.
- The commission said it asked for more time because of the amount and complexity of the material that resulted from the lengthy inquiry.

Raise the Rates. Welfare challenge asks participants if they can live on $26 a week

A new challenge launched Tuesday aims to show people just how stretched a welfare recipient's wallet is.

Raise the Rates, the group behind Surrey-Fleetwood MLA Jagrup Brar's welfare challenge in January, is back with another task it feels will be an eye-opener for those more fortunate.

Participants — including Ted Bruce, Vancouver Coastal Health's executive director of population health — are being tasked with living on $26 a week in spending money.

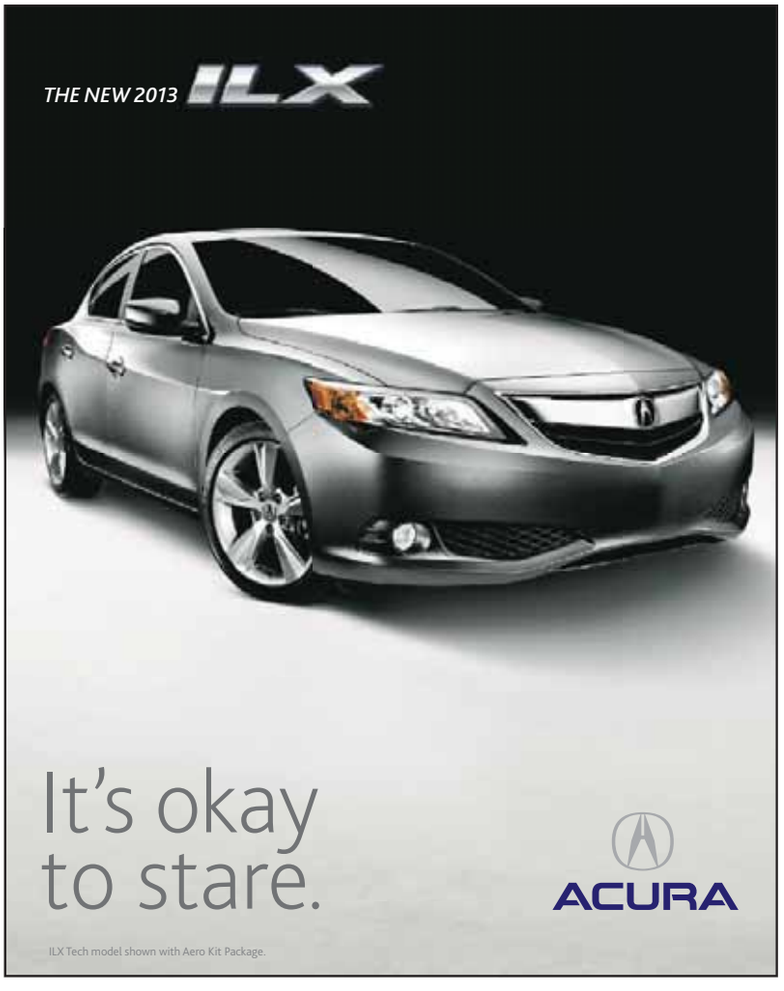
According to the advocacy group, that's how much money is left from a $610 monthly welfare cheque after paying for accommodation, bus tickets, a cellphone and basic hygiene.

The $26 a week must cover food costs, clothing, haircuts and all other expenses.

"This challenge is an important way to raise people's awareness of the significant harm that low income has on people's health and the personal and societal costs of poverty," said Bruce in a media statement.

Other participants include park board commissioner Constance Barnes, DTES Neighbourhood House director Paul Taylor, dietitian Colleen McGuire and Brent Mansfield, co-chair of the Vancouver Food Policy Council.

MATT KIELTYKA/METRO



Kelowna.

Murder charge expected after woman dies of injuries

Kelowna has recorded its first murder of 2012.

Fifty-seven-year-old Kate Grossmith was attacked with a hammer on Sept. 13 and died in a Kelowna hospital on Sept. 22.

RCMP say they will recommend an upgraded charge against Grossmith's 24-year-old son.

Conor Grossmith has been in custody since the attack and was due to return to court on Oct. 1 to face the original charges of attempted murder and aggravated assault.

Grossmith's lawyer says his client suffers from mental-health issues.

The family is well known in the Okanagan because the victim's husband, Harry Grossmith, raised more than $4 million for regional projects with the local United Way before stepping down in May.

THE CANADIAN PRESS

Online

For more local news visit metronews.ca

Fatality

Coroner ID's dead logger

A 19-year-old Golden man has been identified as the latest fatality in B.C.'s woodlands.

Renel Lafleur died Sept. 23 in a logging accident near Bella Coola.

The B.C. Coroners Service says Lafleur was working in a logging camp located at South Bentinck Arm when he died, though details of the accident haven't been released.

It's the second death in one month in the forest industry, after a Sooke man died Sept. 13 while felling trees near Port Alice on Vancouver Island.

THE CANADIAN PRESS

Wildlife

Ranchers want wolf numbers reduced

The B.C. Cattlemen's Association says the province must do something to control the overpopulation of wolves in this province.

Association general manager Kevin Boone says his group is not calling for the eradication of wolves, but he says they have no natural predators and packs are ravaging cattle herds.

Boone says his members blame wolves for losses estimated at about $10 million annually.

According to Boone, B.C. has one of the highest populations of wolves in the world and the unchecked numbers mean moose and caribou herds are also suffering. THE CANADIAN PRESS

Gulf Islands

Fire crews contain Galiano blaze

Fire crews on Galiano Island in the Gulf Islands had to work fast to keep a raging house fire from spreading to the surrounding forest.

The blaze was reported Sunday evening when residents on neighbouring Salt Spring Island realized the house was burning on a high cliff overlooking Trincomali Channel, northeast of Sidney.

By the time crews arrived there was no way to save the house, and dry conditions on Galiano had created the possibility of a much larger fire.

Teams worked into Monday morning to contain the flames, even hitching a ride on a police boat to douse a spot fire on an inaccessible stretch of beach below the house.

The house was empty and no one was hurt, but a cause of the fire is still under investigation.

THE CANADIAN PRESS

Click, you're outed. Top websites passing on your info, privacy chief says

Some leading Canadian websites are inappropriately passing users' personal information to third-party sites such as advertising firms, says the federal privacy watchdog.

The information includes names, email addresses and postal codes — apparently without consent and possibly in violation of federal privacy law, privacy commissioner Jennifer Stoddart said Tuesday.

Research commissioned by Stoddart's office turned up concerns with about a quarter of the 25 shopping, travel and media sites tested.

For instance, when people signed up online to receive promotions from one shopping site, their email address, username and city were disclosed to marketing firms and companies that measure website usage, the office said.

In another case, a "well-known Canadian media site" handed over usernames, email addresses and postal codes to a content delivery and marketing service, an advertising network, and a news content provider.

THE CANADIAN PRESS

Quoted

"Our research serves as a wakeup call to all online services."

Jennifer Stoddart, federal privacy watchdog.

Some websites may be breaking privacy laws by passing on users' personal information, says the federal privacy chief. ADAM BERRY/GETTY IMAGES FILE PHOTO

Web power. NBC scraps special on teen's killing as mom's plea goes viral

An American TV network nixed a segment on the murder of a Canadian teenager after her mother made an emotional public plea against its production, a publicist said Tuesday.

Using her blog and Facebook page, Patricia Hung had lambasted NBC for planning the E! Entertainment segment on the killing as a crass profit-grab at the expense of her daughter, Stefanie Rengel.

"E! opted not to include the Stefanie Rengel case in our upcoming special When Teens Kill,'' said Kristen Osborne, senior publicist with E!.

"When we are in production on specials like this, we always research numerous stories and not all of them make it in."

Stefanie, 14, was stabbed to death outside her east-end Toronto home on New Year's Day 2008 in a shockingly senseless act that put two other teens behind bars for life.

THE CANADIAN PRESS

Not the U.S. strain

New swine virus found in Ontario

Ontario has found a case of an infection with a new swine flu virus — in a man who worked with pigs.

The infection was caused by an H1N1-variant virus, but it's not the swine flu virus that has been jumping from pigs to people in the U.S. this summer.

That virus, an H3N2-variant, has caused 305 infections this year in the U.S.

Dr. Arlene King, Ontario's chief medical officer of health, said the new patient, a man, is being treated in a hospital in southwestern Ontario.

She did not indicate whether that is a precaution or because he is seriously ill.

"It's likely an isolated occurrence,'' she said.

THE CANADIAN PRESS

Safely out of his underground trap, PotashCorp electrician Darwyn Wirth beams as he speaks to the media after being rescued Tuesday night.
DAVID LIPNOWSKI/THE CANADIAN PRESS

Miners in good spirits

Rescue. Fire at a PotashCorp mine in Saskatchewan forced workers to seek shelter in refuge stations

After spending a day trapped a kilometre underground by a fire at a Saskatchewan potash mine, electrician Darwyn Wirth knew exactly what he wanted to do.

"I think I'm going to go and have a cold beer," he told reporters shortly after he and 19 of his colleagues were brought safely back to the surface.

The blaze broke out at about 2 a.m. Tuesday when a large wooden cable spool started burning at PotashCorp's Rocanville mine, about 244 kilometres east of Regina.

There was no panic, said the miners.

They had immediately headed to four separate refuge stations scattered throughout the facility.

"We have an alarm system with loud bells and flashing red lights, and you immediately go to a refuge station and call the control room so they know where you are," said Wirth.

It took about 10 hours to extinguish the fire, but it took several more hours for crews to determine it was safe to bring the workers up.

"It's a matter of cooling the area down and ventilating the air," said Bill Cooper, spokesperson for PotashCorp.

"There's kilometres of tunnels underground and just the way the ventilation system works, it's got to clear all that out. The air quality's got to be at a point where it's safe to take people to the surface."

So the miners sat and waited at the refuge stations.

The rooms are comfortable, though you couldn't call them posh.

"There's no place to sleep," said Wirth, who laughed when told another group had passed the time by playing cards. "We didn't have a deck of cards. We really would have liked a deck of cards."

Twenty-nine men were trapped but nine of them were brought up earlier.

There are four mine rescue teams at Rocanville, each with five people.

THE CANADIAN PRESS

When lives are in danger underground

The Rocanville mine is about a kilometre below ground, and tunnels from the main shaft spread out horizontally for about 16 kilometres. But Rocanville is not the first Saskatchewan fire emergency.

- **Alarm.** In Jan. 29, 2006, 72 miners survived a fire at Mosaic's potash mine in Esterhazy.
- **Action.** When heat from a cutting torch ignited a fire, the 72 miners on shift were able to retreat to refuge rooms sealed off from the toxic smoke.
- **Survival.** After 30 hours, all miners were brought to the surface without so much as a cough, company officials said.

Elephants' move a jumbo problem

The transfer of three aging elephants from the Toronto Zoo to a California facility has once again been postponed.

The zoo's CEO, John Tracogna, says issues with permits, flight arrangements, crate training and the risk of infectious disease at the PAWS sanctuary are holding up the move indefinitely.

Wrangling between the zoo, PAWS and the city over the elephants' transfer has already caused several delays.

Planning for the move resumed this summer after the California sanctuary turned over medical records on all its wildlife. But Tracogna says questions remain.

Toronto City Council voted last fall to send the three elephants to the U.S. facility after groups voiced concern about the animals' welfare.

Animal activist Bob Barker has promised to pay $880,000 for a plane to fly the elephants to their new home.

The Toronto Zoo was denied accreditation by the Association of Zoos and Aquariums this spring for the first time in 30 years, partly due to the decision to move Iringa, Toka and Thika. THE CANADIAN PRESS

African elephant Toka, age 41, is shown at the Toronto Zoo in April. The transfer of Toka and two other elephants has been postponed again.
JO-ANNE MCARTHUR/THE CANADIAN PRESS/AP/PAWS/ZOOCHECK CANADA

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U.S. President Barack Obama leaves the United Nations after addressing world leaders during the General Assembly Tuesday in New York City. More than 120 prime ministers, presidents and monarchs are gathering this week at the UN for the annual meeting. This year's focus will be the ongoing fighting in Syria. MICHAEL NAGLE/GETTY IMAGES

Obama challenges world leaders to tackle thorny issues

UN speech. President speaks on Iran's nuclear program, violence in Syria and the tensions that come with freedom of speech

U.S. President Barack Obama challenged the international community Tuesday to confront the causes of turmoil in the Middle East, saying the world faces "a choice between the forces that would drive us apart and the hopes we hold in common."

Obama's speech to an annual gathering of world leaders at the UN General Assembly was his last before the November election, and campaign politics shadowed his words.

The president condemned the amateur anti-Muslim video made in the U.S. that helped spark the recent protests that killed dozens of people, calling it "cruel and disgusting."

But he strongly defended the U.S. Constitution's guarantee of the freedom of expression, "even views that we profoundly disagree with."

Running through Obama's speech was the theme that leaders in the Muslim world also should stand up for freer speech and oppose those who vent their anger with violence.

"There are no words that excuse the killing of innocents. There is no video that justifies an attack on an embassy. There is no slander that provides an excuse for people to burn a restaurant in Lebanon or destroy a school in Tunis or cause death and destruction in Pakistan," Obama said.

On Iran's nuclear program, Obama said there is "still time and space" to resolve the issue through diplomacy, but he said that time is not unlimited. THE ASSOCIATED PRESS

On the Syrian crisis

"The future must not belong to a dictator who massacres his people."

U.S. President Barack Obama, saying the regime of Syrian President Bashar Assad must come to an end

Egyptian vigilantes

Islamists jailed for 15 years

An Egyptian court has convicted three Islamists of killing a student this summer as he sat in a park with his fiancée, sentencing them to 15 years in prison in a case that sparked fears of vigilantes trying to enforce strict religious mores.

According to security officials, three bearded men argued with 20-year-old Ahmed Hussein Eid for loitering in the park in the Red Sea city of Suez with a woman who was not his wife. One fatally stabbed him.

THE ASSOCIATED PRESS

Strange bedfellows. Romney finds unlikely ally in Clinton

Republican presidential hopeful Mitt Romney joked that he hopes to get an election-year "bounce" from an unlikely ally — former president Bill Clinton, a Democrat, who introduced Romney before Romney's speech Tuesday to Clinton's annual global conference in New York. Clinton had praised Romney's support for the AmeriCorps volunteer service program.

Clinton has an outsized influence on the presidential election more than a decade after he left office. Both Obama and Romney have pointed to his economic leadership. THE ASSOCIATED PRESS

Former U.S. president Bill Clinton introduces Mitt Romney at the Clinton Global Initiative in New York Tuesday. THE ASSOCIATED PRESS

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Pledge. Nations plan to tackle the use of rape as a weapon in conflict zones

Teams of medical experts, law-enforcement officials and social workers could be sent to conflict zones in a new drive to tackle the use of rape as a weapon of war, ministers said Tuesday at a meeting on the sidelines of the UN General Assembly.

British Foreign Secretary William Hague offered $1.6 million US to help fund the effort, and pledged to make the issue a key plank of his country's agenda in 2013 when it holds the rotating chairmanship of the Group of Eight leading industrial nations. He called on other nations to also contribute funding.

"We have to demolish any remaining notion that people who use rape as a weapon of war can get away with it," Hague told the meeting. "It is this culture of impunity which still exists in many conflict zones around the world that we have to shatter."

THE ASSOCIATED PRESS

Canada's support

Canada vowed to support the drive, which campaigners see as working in the same way as previous efforts to curtail the use of land mines and cluster munitions in war.

New report

Rape cases top 2,500 in Congo

A report by an aid group working to treat victims of sexual violence in eastern Congo says that more than 2,500 people were raped in the first part of 2012 in North Kivu province alone.

The findings published Tuesday by Heal Africa come as the European Union announced it plans to spend $25.8 million US for victims of sexual violence.

In its report, Heal Africa said the figure of 2,500 corresponds to rapes that were reported. The actual toll is likely far higher.

THE ASSOCIATED PRESS

New York City schools offer morning-after birth control

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Plan B One-Step
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Not for regular birth control.

A package of Plan B One-Step, an emergency contraceptive, is shown. The New York City Department of Education is making the morning-after pills available to girls at more than 50 public high schools. CONTRIBUTED

Criticism. Some argue the initiative will encourage teens to engage in underage sex

It's a campaign believed to be unprecedented in its size and aggressiveness: New York City is handing out the morning-after pill to girls as young as 14 at more than 50 public high schools, sometimes even before they have had sex.

The effort to combat teen pregnancy in America's largest city contrasts sharply with the views of politicians and school systems in more conservative parts of the country.

Valerie Huber, president of the National Abstinence Education Association in Washington, calls it "a terrible case once again of bigotry of low expectations" — presuming that teen girls will have sex anyway, and effectively endorsing that.

But some doctors say more schools should follow New York's lead.

Emergency contraception is safe and effective "if you use it in a timely fashion. It provides relief or solace to a young woman or man who has made a mistake but doesn't want to have to live with that mistake for the rest of their lives," said Dr. Cora Breuner, a Seattle physician and member of an American Academy of Pediatrics' committee on teen health.

THE ASSOCIATED PRESS

Blogger's take

"These kids are under 16, which is the age for statutory rape in most states. I just think it's subsidizing and encouraging behaviour that's probably not healthy for kids that age."

Anne Leary
Chicago-based conservative blogger

Basic Autoplan insurance premium approved

On August 16, 2012, the British Columbia Utilities Commission issued its final decision on Basic Autoplan insurance premiums, confirming a Basic insurance rate increase of 11.2% for the 2012 policy year, which came into effect on an interim basis on February 1, 2012.

Basic Autoplan coverage includes up to $150,000 per person for medical and rehabilitation costs, $200,000 for damages claimed by others, and $1 million per person if the at-fault motorist is under-insured.

ICBC

icbc.com

Israel says Syrian mortars accidentally land in Golan

Syrian soldiers fought rebels Tuesday in a firefight that killed nine people and sent several mortars sailing across the border into the Israeli-occupied Golan Heights.

The Israeli military said nobody was hurt in the shelling and that the spillover was believed to be accidental.

But Israel filed a complaint to the United Nations peacekeeping force that patrols the tense region between Israel and Syria.

Syria and Israel are bitter enemies and have fought several wars, including the 1973 war. Despite the animosity, the border with Syria had been Israel's quietest since then.

Over the course of the 18-month-old uprising against Syrian President Bashar Assad, violence has spilled into neighbouring Lebanon, Jordan and Turkey.

Meanwhile, in Jordan, dozens of Syrian refugees angry over harsh living conditions in their desert tent camp clashed with Jordanian police, hurling stones and smashing charity offices and a hospital, officials and refugees said Tuesday.

THE ASSOCIATED PRESS

Palestinian children hold candles on Monday during a march to show solidarity with Syria at the Jabaliya Refugee Camp in the Gaza Strip. Several mortars fell across the border from Syria into the Israeli-occupied Golan Heights on Tuesday. HATEM MOUSSA/THE ASSOCIATED PRESS

Looking for an end

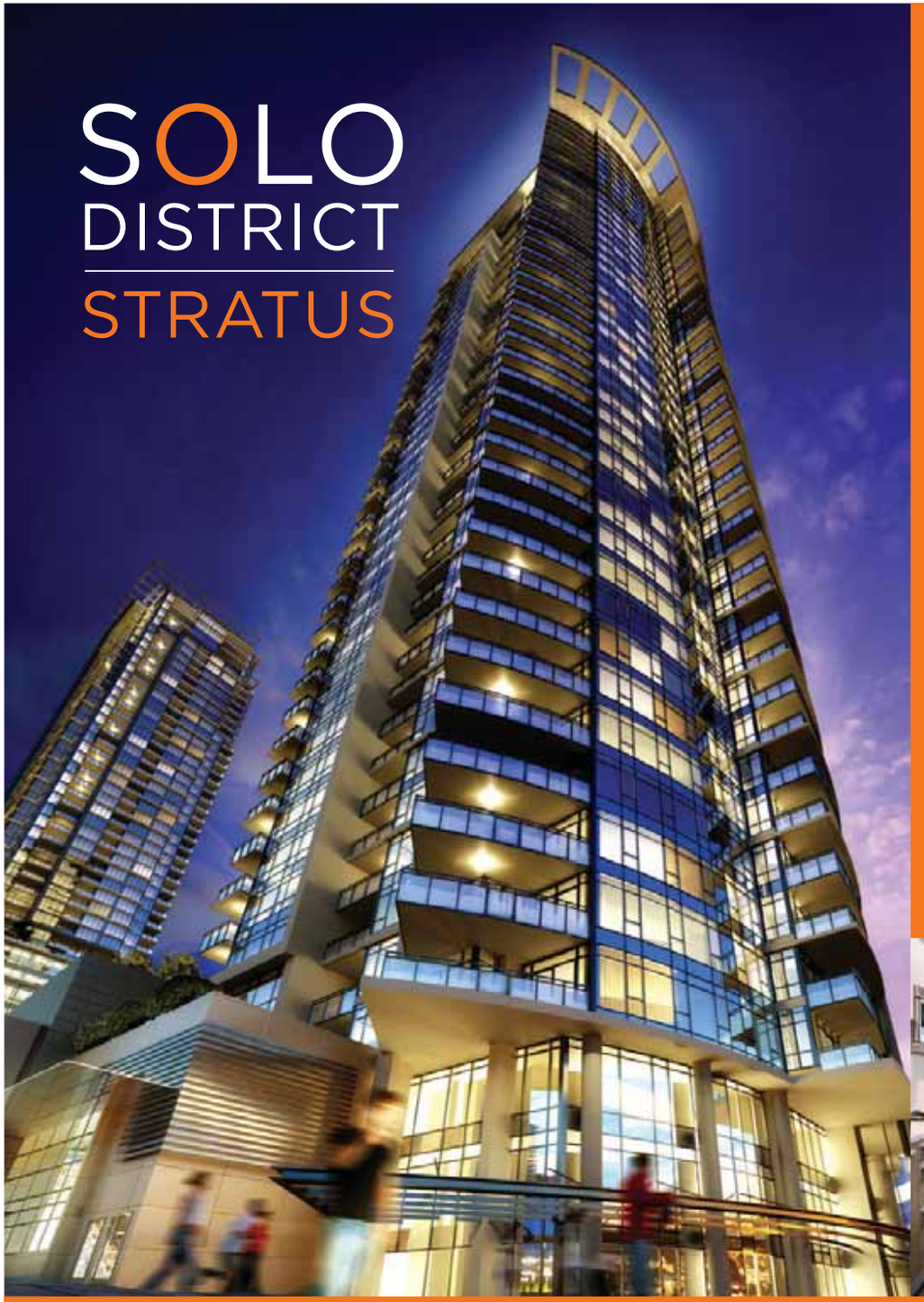
UN chief demands a stop to war

UN Secretary-General Ban Ki-moon demanded international action to stop the war in Syria, telling a sombre gathering of world leaders Tuesday that the 18-month conflict had become "a regional calamity with global ramifications."

In sharp contrast to the UN chief, U.S. President Barack Obama pledged American support for Syrians trying to oust President Bashar Assad — "a dictator who massacres his own people.''

Putting the spotlight on Syria, the UN chief said "the international community should not look the other way as violence spirals out of control."

THE ASSOCIATED PRESS



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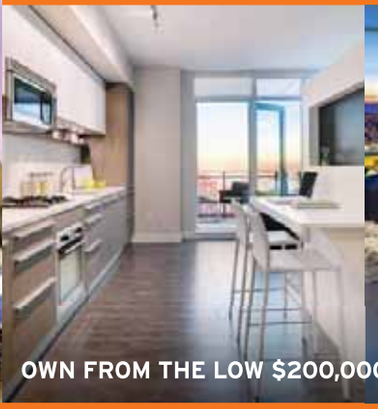

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Religion

Burn iPhone, rabbi tells his followers

An influential ultra-Orthodox Israeli rabbi ordered his followers this week to burn their iPhones, the latest move in a campaign by the insular community to encourage its members to keep the outside world — and specifically the Internet — at bay.

The decree by Rabbi Chaim Kanievsky, 84, came ahead of Judaism's holiest day, Yom Kippur, which begins Tuesday.

THE ASSOCIATED PRESS

Technology

Einstein's brain now on iPad app

While Albert Einstein's genius isn't included, an exclusive iPad application launched Tuesday promises to make detailed images of his brain more accessible to scientists than ever before.

The application will allow researchers and novices to peer into the eccentric Nobel winner's brain as if they were looking through a microscope.

THE ASSOCIATED PRESS

Profs protest cuts in Greece

A protester holds a candle outside the finance ministry during a demonstration by professors against the new austerity measures in Athens on Tuesday. Unions have called for a nationwide general strike Wednesday to protest the latest cuts. THANASSIS STARVAKIS/THE ASSOCIATED PRESS

Nine out of ten Canadians happy with their lives

Study. Canada second-happiest country in world; Denmark leads way

If you're happy and you know it, a new report suggests you might be from Canada.

The Centre for the Study of Living Standards says 91 per cent of Canadians surveyed report they are either satisfied or very satisfied with their lives.

The centre tracked numbers collected by Statistics Canada in its community health survey between 2003 and 2011.

Canadians have stayed happy through that entire period, with 91 per cent reporting life satisfaction in 2003 and 92 per cent saying so last year.

The scores were enough to officially rank Canada as among the happiest countries in the world.

The centre says a Gallup world poll taken in February 2012 rated Canada as the second most satisfied nation, ranked only behind Denmark.

Centre executive director Andrew Sharpe said the numbers tell a compelling story about the standard of living most Canadians enjoy.

"We do have high levels of income. We have weathered the financial crisis better than other countries of the world," Sharpe said in a telephone interview. "We do have a good health system. We complain about it, but at least there's full coverage of all Canadians.... We do have a lot of advantages as a country."

The StatsCan data — compiled in biennial surveys between 2003 and 2007 and in annual surveys from 2008 onward — asked Canadians to rate their own levels of personal satisfaction on a scale of 0 to 10.

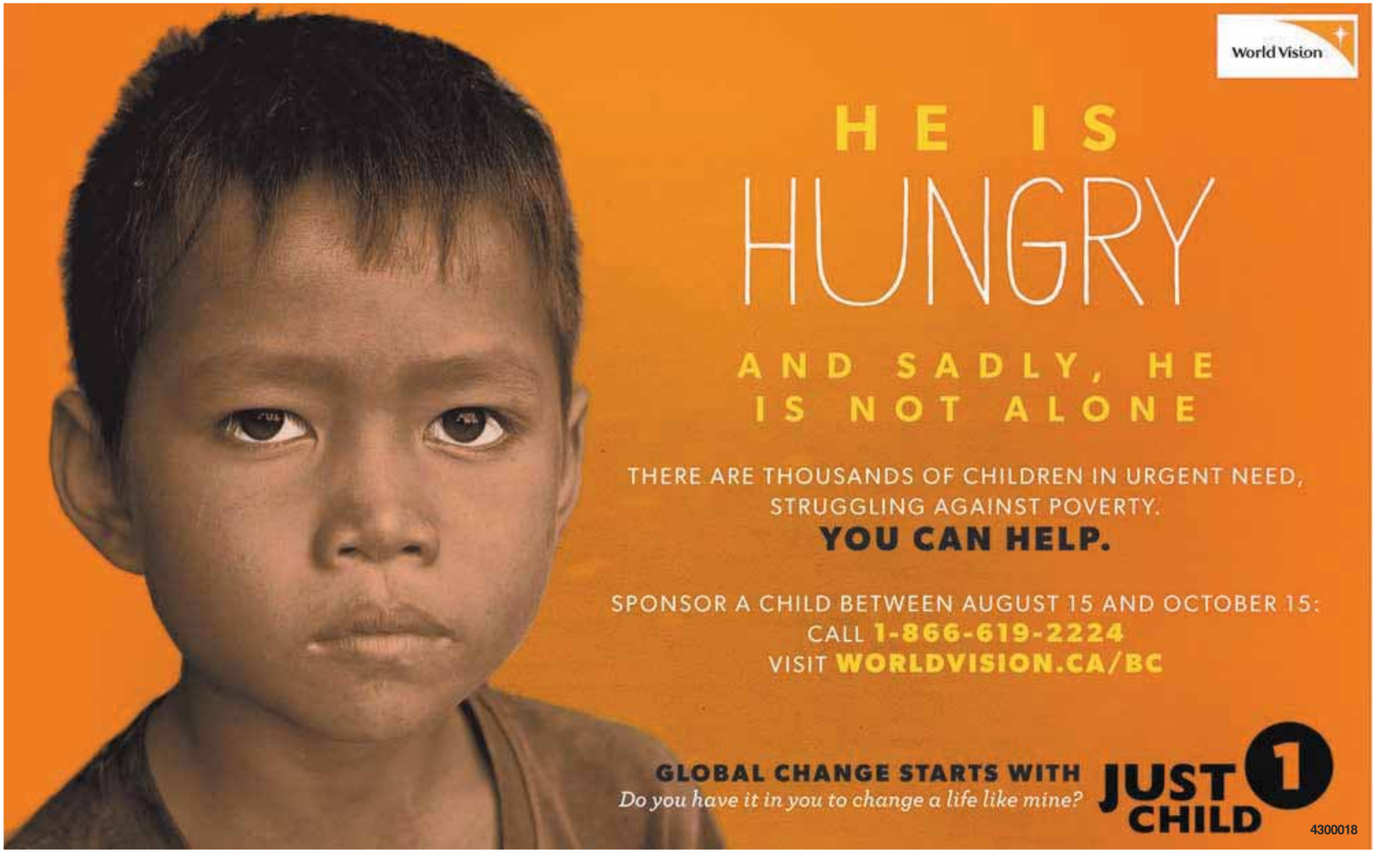
Those who assigned themselves a score of six or above were considered to be pleased with their lives as a whole.

THE CANADIAN PRESS

Great divide

In Canada, the east tends to be happier than the west.

- **Happy folk.** Average scores taken over the eight-year period found residents of Nova Scotia, Quebec and Newfoundland and Labrador were most likely to be happy with their lives.
- **Not so much.** Satisfaction scores were lowest in British Columbia, Ontario and Nunavut.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Impulse purchases cost Canadians thousands annually, survey finds

Emotional shopping. Sixty per cent of those polled admit they buy to cheer themselves up

Canadians spend an average of $310 per month on items that are wanted but not needed, according to a new poll. PETER MACDIARMID/GETTY IMAGES

A majority of Canadians surveyed by the Bank of Montreal say they shop to cheer themselves up and these mood-lifting impulse purchases cost Canadians $3,720 annually.

The Bank of Montreal poll found that 59 per cent of those surveyed did impulse shopping and bought items like clothes and shoes and also treated themselves to eating out.

"We're really struggling to save money on a monthly basis," said Janet Peddigrew, district vice-president of mid-western Ontario at BMO.

Consumers have been spending more than they've been saving over the last 10 years, which is cause for concern, Peddigrew said. "Those who answered the survey, the majority, said they would do it to cheer themselves up," she said.

The survey found that 60 per cent of Canadians did this kind of emotional shopping and 55 per cent bought something they might not need because it was on sale. On average, that amounts to $310 a month being spent on items that are wanted but not needed.

Those surveyed believed they could save two-thirds of that amount if they made an effort to limit impulse spending, the bank said.

Peddigrew said not having enough savings can leave consumers caught short when an emergency arises, when they need to do a major home repair or when they lose their job.

The online survey was conducted by Pollara and interviewed 1,000 adults between Aug. 31 and Sept. 5.

THE CANADIAN PRESS

Financial planning

Feds hope new toolkit will help consumers manage money

Ottawa believes Canadians might need a little assistance in how they spend and save. The federal government has released a financial toolkit that it says can help Canadians make sense of everyday financial questions they face.

The toolkit, available online at fcac-acfc.gc.ca and in printed form, includes worksheets, quizzes, questionnaires, case studies and educational videos to educate Canadians on making rational, responsible money decisions.

The initiative is part of the government's efforts to promote financial literacy and follows months of warnings from the Bank of Canada and the finance minister about record high levels of consumer debt. THE CANADIAN PRESS

Entrepreneurship. Record number of Canadians are starting businesses: Report

Canada is increasingly becoming a country of small entrepreneurs, says a new report from CIBC pointing to a sharp rise in the number of Canadians starting their own businesses.

The report finds that in June more than half-a-million Canadians said they had begun their own business over the past two years, a record number. Perhaps most encouraging, 80 per cent of new owners say they made the decision to strike out on their own voluntarily, not because they couldn't find a job.

That's a welcome shift from the early 1990s and 2008, when the recession and layoffs drove more and more Canadians into involuntary self-employment.

THE CANADIAN PRESS

Market Minute

DOLLAR
101.98¢
(-0.19¢)

TSX
12,257.18 (-56.36)

OIL
$91.73 US (-$0.56)

GOLD
$1,766.40 US (+$1.80)

Natural gas: $2.924 US (+8.7¢)
Dow Jones: 13,457.55 (-101.37)

Economic indicator

U.S. consumer confidence climbs

U.S. consumer confidence jumped this month to the highest level since February, bolstered by a brighter hiring outlook.

The Conference Board said Tuesday that its consumer confidence index rose to 70.3. That's up from 61.3 in August, which was revised higher. And it's the highest reading since February, when the economy added 259,000 jobs.

The indicator is watched closely because consumer spending drives nearly 70 per cent of economic activity. The reading is still below 90, a level that indicates a healthy economy. Since the beginning of the year, the index has fluctuated sharply.

The survey was conducted Sept. 1 through Sept. 13. It shows consumers were more optimistic about the current availability of jobs. THE ASSOCIATED PRESS

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WAKE UP AND SMELL GLOBAL WARMING

JUST SAYIN'
Paul Sullivan
metronews.ca

It's going to be tougher to bring home the bacon next year, thanks to global warming.

According to the National Pig Association, a U.K. trade group, there will be a world shortage of pork and bacon next year as farmers stop raising pigs as the price of feed will skyrocket because of the drought in the U.S. Midwest this year.

The association, which I'm disappointed to learn is not a group of talking pigs but a more conventional organization of farmers, believes there could be a 10 per cent reduction in the pig supply, which means prices will double.

The bottom line: A sharp reduction in bacon and tomato sandwiches.

This is a catastrophe. Global warming is bad enough, but it will be unendurable without BLTs.

Ironically, this comes at a time when bacon is undergoing a renaissance. It's everywhere! You can spread bacon jam on your toast tomorrow morning or you can wait until lunch to chow down on the Baconator from Wendy's: Six slices of bacon along with two beef patties, two slices of cheese and a heart attack (bonus). Then at dinner, you can sit down to a filet wrapped in bacon, accompanied by a salad festooned with bacon bits, chased with a caramel bacon ice cream sundae. Yum.

Bacon pride

"Ironically, this comes at a time when bacon is undergoing a renaissance. It's everywhere! You can spread bacon jam on your toast tomorrow morning or you can wait until lunch to chow down on the Baconator from Wendy's: Six slices of bacon along with two beef patties, two slices of cheese and a heart attack (bonus)."

But you'd better hurry. The bacon window is closing.

Maybe this is not such a bad thing. I've been feeling guilty ever since Charlotte saved Wilbur in that classic of my childhood, Charlotte's Web. Not that it kept me from my Baconator ways. I've never met anything that doesn't taste better than a slice of bacon. Except maybe six slices of bacon.

But let's get real. Pigs are at least the smartest barnyard animal and are routinely ranked among the top 10 animals on or off the farm. They also get a bad rap on the hygiene front. They are habitually clean; they have to roll in the mud to stay cool because they have no sweat glands. You wouldn't eat any of the other brainiacs of the animal kingdom: Whales, dolphins, elephants or apes, so why pick on pigs?

So, struggling with a guilty conscience and a looming, 100 per cent increase in the price of pork, I was already teetering on the brink when a vegan friend sent me this link to an adorable YouTube video featuring an adorable pig saving an adorable goat from drowning at a petting zoo. Search "pig saves goat" on YouTube and watch it. Warning: It's adorable.

"Some Pig!" as Charlotte would weave on her web. Maybe this global warming thing is Mother Nature sending us a sign, too — back away from the bacon and repeat after me: Pigs are our friends.

If you love bacon, now might be a bad time. JOHN MOORE/GETTY IMAGES

Taiwan clashes with Japan

THE ASAHI SHIMBUN/GETTY IMAGES

Territorial dispute

Water fight over disputed islands

Japanese coast guard vessels have fired water cannons at Taiwanese fishing boats after the commercial ships ignored warnings not to enter Japan's waters.

Ten surveillance ships from Taiwan that accompanied more than 50 vessels into waters around the Senkaku Islands retaliated with their own water cannons, agency reports say. METRO

President's viewpoint

"We stand up for our rights and there should be no doubt about it."

Taiwanese President Ma Ying-jeou, speaking to reporters on Tuesday.
Ma praised the Taiwanese coast guard vessels for escorting fishermen to assert their sovereignty over the disputed islands. Ma was quoted by sources as saying that "where there are our fishermen, that's where our coast guard will be."

Conflict timeline

- **The Senkaku.** A group of five small islands in the East China Sea some 170 kilometres north of the Japanese island of Ishigaki. They are controlled by Japan but claimed by China (which calls them the Diaoyu) and by Taiwan (the Diaoyutai).
- **Sovereignty dispute.** Japan legally acquired the islands in the late 19th century, but China and Taiwan argue the islands historically belonged to Taiwan (which China also claims as its own). Reports suggest that the Chinese claim to the islands gained prominence after a 1968 geological survey found possible oil and gas reserves in the area.
- **This year's tension.** Tokyo's government bought private islands from a Japanese family for development. Beijing says it's an act of provocation.
- **Now.** Protests have targeted the Japan embassy in Beijing and Japanese businesses in China.

Metropolitan Panel

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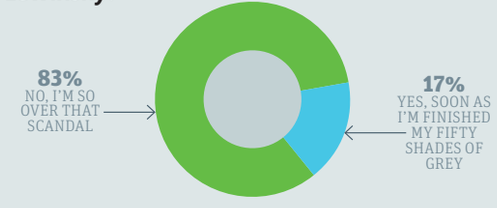
Would you a read a tell-all by Monica Lewinsky?



Twitter

@JodieEmery:
The @SensibleBC cannabis panel was a great success last night here in #Victoria - congrats to @DanaLarsen, @KirkTousaw & others involved! :)

@seanleslie980:
Anncmt of Boessenkool departure NOT made just because media on to story: @christyclarkbc #bcpoli

@ThomasDrance:
The Canucks hiring Cloutier is like the NFL hiring the soccer referee from Norge to do the Monday Night game next week.

@samjam99:
sweet! wait, what? RT @VanCanucks: Media Release - Dan Cloutier named Goaltending Consultant.

@ArianaGrande:
Vancouver is absolutely stunning. I would love for it to snow a little while I'm here. What's it like where you are now? How's everybody? Xo

metro
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SCENE 2

Not Short on versatility

Interview. Canadian star talks about new film Frankenweenie, working with Burton and doing an array of character voices

NED EHRBAR
Metro World News

Martin Short voices three characters in the Tim Burton film Frankenweenie. GETTY IMAGES

Martin Short first worked with Tim Burton in 1996's Mars Attacks! Given Burton's penchant for familiar faces — or voices — it's no surprise Short is back for Frankenweenie, voicing three very different characters in the stop-motion animation feature.

Martin says it's always nice to be asked back — as long as the director is any good at what they do.

How is it being a part of Tim Burton's troupe, having a director say, 'I want you back?'
Well, obviously if the director is horrible you say, 'Who cares?' But in Tim's case, you're honored, you're complimented. And we did really like each other. We like each other a lot.

You don't hear a lot of bad things about Tim.
Because of his position of power and his reputation of creativity, he would therefore be allowed to pull off being moody one day on the set. I once worked with a guy when I was early on, and he was fabulous for about two weeks and then one day I walked by and said hi and he just kept walking. His assistant came over and said, 'Oh, his therapist said he doesn't have to say hello if he doesn't need to.' Tim could be that guy, but I always see him, especially in a work situation, in a joyful, joyful state of mind. He's happy to be there.

But behind all-black clothing and sunglasses and the hair.
Well, that's his hair. And I think that he just likes black jackets.

You voice three characters in this film, but your primary character — Victor's father — is pretty normal as far as characters go. Is that odd for you?
I think if that were the only voice I was doing, I might — I would've done it anyway because it's Tim, I love Tim — but if it were not Tim, you kind of go, 'Well I don't know why you need me for this.' But I've always made sure in my specials over the years that there was one scene where I played myself to give the audience an understanding of that's who he is and these are the offshoots.

How often during these press junkets are you reminded of your own celebrity interviewer character, Jiminy Glick?
Well you know, the misconception of Jiminy was that he was satirizing you guys, and he wasn't at all. He was satirizing morons with power. He could've been a congressman. We do see this all the time, and Washington is filled with these people, you know? They have staffs that are happy to get the job, just graduated from Yale and scared on the first day of work — and this is the guy they're scared of. So that's what struck me as funny. It wasn't about interviews.

Which of your characters do people ask you to reprise the most often?
It's very weird. I remember I was doing a Broadway show a few years ago, Fame Becomes Me, and I would leave the stage door, and there are people with things for you to sign, you're signing things, and people call out a line. 'I want my pudding!' or something. And you get in the car and you go, 'What was that from?" And then you go to bed and about two in the morning — 'Oh, that's that special I did in '87!' I think particularly in comedy and particularly with my stuff, if one finds it funny, because it's not known — like Two and a Half Men type of knowledge — you feel like you own it yourself, it's your thing. I mean, obviously people will talk about Franc, they'll talk about Jiminy, they'll talk about Ed Grimly or Jackie Rogers Jr.

You know, they'll talk about these characters that have been around for a while.

But sometimes they'll go obscure.

I did an episode of Arrested Development, and people come up and talk about Uncle Jack.

Is Uncle Jack showing up again in the relaunch of the show?
You know, I had dinner with Mitch Hurwitz about a year and a half ago and he said, 'We've got to get Uncle Jack back,' but no one's sent the script. Let's put it that way. But I loved that guy.

On the web

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Lindsay Lohan. ALL PHOTOS GETTY IMAGES

Lohan released after brief hospital stay

Lindsay Lohan was rushed to the hospital in New York recently due to a pesky respiratory infection, according to TMZ, but she's not in any danger.

"Lindsay was treated and released and is doing fine," her rep insists.

Hoping to clear things up further, the troubled actress' dad, Michael Lohan, has released a statement:

"She got rid of (the infection) before she left for Atlanta to shoot Scary Movie, but obviously she didn't get enough rest and it came back," he says.

"She's on antibiotics. This was more precautionary than a major medical issue."

Quote

"Lindsay was treated and released and is doing fine"

Lohan's rep

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Timberlake bringing the sexy back to MySpace

THE WORD
Dorothy Robinson
scene@metronews.ca

Are social media platforms like fashion? Wait long enough and pretty soon we'll be looking for them again in the deep recesses of our closet?

Well, guess who we might find back there next to the fanny packs and boot-cut jeans: Tom from MySpace.

Justin Timberlake invested in the faltering site in 2011 and has, apparently, been working hard on a revamp. On Monday, Timberlake tweeted a sleek new video of the site and, dare I say, it looks amazing. If you've become tired of Facebook, with the ever-present spammy developments — not to mention Mark Zuckerberg's increasingly shady information sharing practices — the new MySpace might be a safe haven from the constant deluge of baby photos.

The new, clean interface looks like a mash-up of Facebook, Instagram, Pinterest, Spotify and Twitter, and focuses heavily on music (which Facebook could never do).

There are several other notable changes, like easy drag-and-drop interactivity for music sharing and ways to connect with other creative people who share similar interests.

Now, I just need to find the nerve to log back in when the new site finally launches — I'm terrified to see how many porn stars I've become friends with in my absence, as well as what my "mood" was in 2007.

Twitter

@AlyssaMilano
Sigh... I wish I liked anything on my body as much as Christina Aguilera likes her boobies. Bless her and those boobies!

@katyperry
There's no place like Tokyo, there's no place like Tokyo, There's no place like Tokyo.

@kanyewest
What if there was no profanity... What if we decided to legalise profanity in a sense? In France they play songs with cursing on the radio

@SteveMartinToGo
Just wondering. Women are different from men, right? But are their bodies different too?

Arnold Schwarzenegger

Schwarzenegger told wife about cheating before it leaked

Before news broke of Arnold Schwarzenegger's 14-year-old love child with housekeeper Mildred Baena, he confessed it himself to wife Maria Shriver — but only after she confronted him about it in therapy.

"The minute we sat down, the therapist turned to me and said, 'Maria wanted to come her today and to ask about a child — whether you fathered a child with your housekeeper Mildred,'" Schwarzenegger writes in his new memoir. "I told the therapist, 'It's true.'"

According to the book, the therapy session took place in January 2011, four months before he publicly admitted to fathering the child, whom he says was conceived during production of Batman and Robin.

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Your putts will fall this season so swing into colour

Golfing in splendor.
Enjoy the changing of seasons by seeking out some of the sport's best colour-filled courses in Canada

BRIAN KENDALL
canadiangolftraveller.com

Silver Creek Golf Course in Garden River, Ont., is among the top fall golf courses in Canada. HANDOUT

Canada's golf courses are always at their most spectacular during the fall. From Newfoundland to British Columbia, Canadian Golf Traveller explores five top fairway destinations perfect for savoring the sights, tastes and other opportunities of the season.

Newfoundland
Though gorgeous at any time of year, the wild and woolly setting of Newfoundland's Twin Rivers Golf Course is unmatched in autumn.

Situated at the southern end of Terra Nova National Park, 223 kilometres west of St. John's, the 6,546-yard layout by Doug Carrick and the late Robbie Robinson skirts the Atlantic Ocean before twisting through a boreal forest ablaze with colour and teeming with moose and bald eagles. Especially unforgettable is the 18th, a 175-yard par three played through the mist rising above a waterfall to a small green nestled in the forest.

Annapolis Valley, N.S.
Sheltered from the icy winds off the Bay of Fundy by the South Mountain, Nova Scotia's Annapolis Valley enjoys a longer autumn than almost anywhere else in the Maritimes.

Earthy harvest smells perfume the air as visitors journey past apple orchards and dairy farms to the Avon Valley Golf and Country Club, about an hour's drive west from Halifax. The tiny greens of this hilly course, near the town of Falmouth, demand surgically precise approach shots.

Charlevoix, Que.
Spectacularly situated on cliffs overlooking the mighty St. Lawrence River, the Fairmont Le Manoir Richelieu Golf Club is one of the jewels of Quebec's popular Charlevoix tourist region, east of Quebec City.

Canadian Shield outcroppings, pristine lakes, verdant Laurentian valleys and evergreen forests define Charlevoix's astonishingly diverse landscape, which is at its most beautiful in autumn. The region is also a renowned culinary destination, with farms, restaurants and hotels focused on serving local food.

Exclusively online

Where to find Brian online

- **Online.** Follow Brian Kendall on twitter @cdngolftraveler and visit his website, canadiangolftraveller.com

Sault Ste. Marie, Ont.
Autumn colour buffs annually flock to Sault Ste. Marie for the Agawa Canyon Train Tour, an unforgettable journey past foaming rivers and spring-fed lakes deep into a northern wilderness turned crimson and yellow.

But golfers can enjoy similar scenery right in the city of 75,000 at the aptly named Crimson Ridge Golf Club. Designed by local son Kevin Holmes, the 10-year-old layout includes mature forests, a waterfall and numerous elevation changes. Most memorable of all is the par-five ninth hole (formerly the 18th), a dogleg offering a breathtaking view from the elevated tee of the city's downtown, the North Shipping Channel and northern Michigan.

Just as gorgeous is Silver Creek Golf Course, a demanding Arthur Hills/Steve Forrest and Associates design opened two years ago by the Garden River First Nation on land just east of the city. Bear and deer are frequent visitors to a layout where many holes were carved through a dense forest of hardwoods and conifers.

Okanagan Valley, B.C.
From a desert of sagebrush and cactus to lushly forested mountain valleys and terraced orchards and vineyards, the Okanagan Valley offers an autumn golf season of striking visual contrasts.

The valley's top draw is Predator Ridge Resort, which sprawls across a 12,000-acre landscape of clear lakes, fast-rushing mountain streams and wheat grass meadows. There are two championship courses, including The Ridge, a Doug Carrick design that launched to rave reviews in 2010.

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Vintage vacation selection

Martha's Vineyard. You don't have to be rich and famous to enjoy the Atlantic island's history and charm — but it certainly doesn't hurt

CASSANDRA GARRISON
Metro World News in New York

Historically, Martha's Vineyard is a blue-blooded summer spot, but the island is welcoming a new generation of jet-setting visitors.

Though the vineyard does remain the ideal escape for those who wish to rub elbows with the who's whom of the Northeast, it's also relatively affordable in the offseason. (Note: We did say relatively.)

Explore cutting-edge culinary delights, a bustling shopping scene and stunning landscapes that will take your breath away at any time of the year.

Where to stay

The Harbor View Hotel in Edgartown — one of the island's six charming towns — offers unparalleled waterfront views of the harbour and the Edgartown lighthouse. This 121-year-old Victorian-style hotel has all of the modern amenities we crave on vacation (late room service, plush robes, milk and warm cookies in the evenings), but gives off a regal Kennedy-like feel. The hotel offers 114 guest rooms and suites, each uniquely different, and eight spacious Captain's Cottages are available to rent or purchase if you really fall in love with the island. 131 North Water St., 508-627-7000

How to get there

The island is easily accessible by boat and air, so you can spend less time in transit and more time relaxing. You'll fly from Philadelphia International to a connecting flight from Cape Air. Just don't be alarmed when the flight crew asks how much you weigh — you may be flying in a tiny propeller plane with about 10 other people.

If you have the time and don't mind travelling by sea, ferry service to the island is offered from N.Y.C., Highlands, N.J., New Bedford, Mass., Hyannis, Mass., Quonset Point, R.I., and several other East Coast cities.

Where to dine

It's a sin to leave the Vineyard without indulging in a lobster roll. The traditional style of chilled lobster in a light mayo on top of a buttered roll is the favoured style of local seafood stands. Go to Faith's Seafood Shack and eat your delicious spoils on a bench at the nearby dock, or take them with you to the beach — if you can wait that long.

If you're looking to go the classier route (after all, to see and be seen in the vineyard is part of its flair), reserve a table at Water Street — the Harbor View Hotel's fine restaurant. And be sure to try the oysters and Chef Shaun Brian Sells' New England clam chowder with pork belly and chive oil.

Faith's Seafood Shack: 33 Aquinnah Circle (508) 645-4080
Water Street: (508) 627-3761

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5 DELICIOUS WAYS TO SPICE UP YOUR LIFE

Ramp up the taste of the foods you eat with sweet, savoury and exciting flavours. Here are five to discover — and enjoy.

PROVOCATIVE: DULCE DE LECHE

If you have a sweet tooth, a spoonful of creamy, rich Dulce de leche will make you swoon. Dulce de leche is made by cooking milk and sugar together until it caramelizes. Make it yourself (the most basic recipe involves simmering condensed milk) or buy a prepared Dulce de leche. Enjoy it slightly melted on warm pancakes or toast, drizzled over vanilla ice cream, or slathered over rich custard for your own messy version of crème caramel.

ISTOCKPHOTO/THINKSTOCK

MYSTERIOUS: CHOCOLATE MINT

Fresh chocolate mint is best tasted with your eyes closed … first, take a long deep inhalation, then put it into your mouth: The bright, fresh flavour of mint is combined with the full rich flavour of chocolate. This delicious herb, which comes from the spearmint family and has a purple stem with green leaves, can be used in almost any recipe … think brownies and quick breads or as a garnish on ice cream. You can even steep it in a cup of hot water or put it into the bottom of your coffee mug!

ISTOCKPHOTO/THINKSTOCK

DISCOVERY: CINNAMON

Most people think of the fragrant and warm sweetness of cinnamon in apple crisp, doughnuts, warm Chai lattes and other treats. But cinnamon is delicious in savoury dishes, too. For something completely different, add ground cinnamon to black beans when you make burritos or nachos, and for a Middle Eastern inspired meal, sauté lamb with eggplant, raisins and cinnamon sticks. Sweet!

ISTOCKPHOTO/THINKSTOCK

HEIGHTENED EXPERIENCE: CHILI PEPPERS

Some like it hot… and that's where chili peppers come in! Chopped, fresh chili peppers wake up dishes like chili con carne and sandwiches and wraps. The heat in a chili pepper comes from something called capsaicinoids, and there are so many different types including jalapeno and South American chili peppers, which are used in a spicy salsa called sofrito. And take note: The best way to ease the burning sensation is to drink milk or eat any dairy product.

STIMULATE: GARAM MASALA

A dusting of Garam Masala on any dish adds a rich bouquet of flavours … heat from peppercorns, complexity from nutmeg, a touch of lemon from coriander, and a warm, earthy taste from cumin.

The Indian spice blend often includes cloves, cinnamon and cardamom as well — there are different versions depending on the region. Buy it ready-made or make it yourself. The different spices are toasted and then ground together.

For a delicious change, add a little Garam Masala to vegetable sautés, soups and stews.

You can also use it as a dry rub for meats before grilling, and for an exotic dessert, add a little bit to pies or cookies.

ISTOCKPHOTO/THINKSTOCK

5 Gum. Stimulate Your Senses.

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Entertain this fall season without packing on pounds

Did you know that the average Canadian gains an extra seven to 12 pounds between Thanksgiving and New Year's Day?

Fret not as you plan your next dinner party because registered dietitian Luke Corey has come up with a delicious healthy recipe to help you avoid packing on the weight.

Ingredients

- 2 tbsp (30 ml) olive oil
- 1/4 cup (60 ml) finely diced onion
- 1 lb (500 g) fresh asparagus, cut into 2 inch lengths
- 3 garlic cloves, finely minced
- 1 cup (250 ml) drained, patted dry, and coarsely chopped, oil-packed sun-dried tomatoes
- 3/4 cup (175 ml) dry white wine
- 1/4 cup (60 ml) low-fat whipping cream
- 3/4 lb. (375 g) dry linguine pasta
- 1/2 cup (125 ml) grated Parmesan
- 1/4 cup (60 ml) chopped fresh basil

As the founder of Nova Scotia-based Complete Health and Nutrition, a nutrition consulting company dedicated to meeting the goals and objectives of clients through customized nutrition and healthy living programs, Corey knows about healthy eating.

"Looking for a tasty way to add more vegetables to your diet?" asks Corey. "Try this fast and easy linguine recipe that's a total crowd pleaser. With tomatoes, onions and asparagus, this flavourful pasta dish will make you the host with the most. Keep portions under control by using smaller bowls, and cut calories by finding a low-fat Parmesan option."

Linguine Margarita

This recipe serves four. MICHELLE MORADI

1. In skillet, warm oil over medium-high heat. Add onion and asparagus and cook until asparagus is slightly soft and bright green, about 3 mins. Add garlic and sauté 2 mins. until fragrant, being careful not to burn garlic. Remove with slotted spoon to plate; keep warm.

2. To same skillet, add tomatoes and white wine. Cover and simmer over low heat until tomatoes soften, 10 mins. Return asparagus to skillet and add cream. Cook 3 mins. to meld flavours. Season with pepper.

3. In large pot, bring water to boil. Add pasta and cook until al dente. Strain and place in a serving bowl. Cover with sauce and stir to combine. Top with Parmesan cheese, garnish with fresh basil, and serve.

RECIPE COURTESY OF LUKE COREY, BA(H), BSCAHN, REGISTERED DIETITIAN (RD)

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RUN TOGETHER FOR THE CURE

The biggest fundraising event of the year is fast approaching for the health science professionals of the Health Sciences Association of BC (HSABC), according to Reid Johnson, president of HSABC.

More than 400 HSABC members from across the province will be participating as runners and volunteers in the Canadian Breast Cancer Foundation's Run for the Cure on Sept. 30. HSABC has been an official sponsor of Run for the Cure since 1997.

"We've chosen this issue because it engages so many of our members at so many levels," Johnson explained. "The journey of breast cancer is something that many, many of our disciplines are engaged with."

Breast cancer is a cause that hits close to home, he said. Three HSABC board members have had breast cancer, one of whom passed away because of it. "It's a cause we care deeply about," Johnson said.

The union's members come from more than 40 different professions encompassing more than 100 different disciplines. Workers — mammography technicians, dieticians, radiation therapists and many more — work on the front lines to help prevent, screen, diagnose and treat the disease.

Breast cancer is the most common cancer in Canadian women over the age of 20, and one in 29 Canadian women die of the disease, according to the CBCF. Still, only about 50 per cent of the women in B.C. who are eligible for a free screening mammogram are actually getting them done, Johnson said.

"As health-care professionals, HSABC members know how critical prevention and early detection are," said Johnson. "Quite simply, mammograms save lives. Raising awareness of that is critical."

Every year, HSABC makes an annual donation of $35,000 to the CBCF and holds a fundraising drive, inviting union members and the public to contribute. Last year they raised more than $50,000.

HSABC also donates more than $100,000 per year to help advertise for the event, on behalf of the CBCF.

"There are so many professions that it's sometimes hard to define who HSABC is, but once a year we can come together and support the Run for the Cure, and it means something to our members."

To join an HSA team, contact jdavis@hsabc.org.

EARLY DETECTION

Here are some tips for breast cancer prevention and early detection:

- Keep your waist under 35 in
- Exercise at least 2.5 hrs/wk
- Eat more fruit and vegetables
- Limit alcohol intake. Even one glass per day increases risk
- Assess your risk (see cbcf.org)
- Get tested. If you're over 40, talk to your doctor about getting a free mammogram

— Source: cbcf.org

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ON SEPT 30TH WE'RE RUNNING FOR THE CURE. THE REST OF THE YEAR WE'RE CAPTURING IT.

Health Sciences Association represents modern health science professionals like physiotherapists, medical laboratory technologists, pharmacists, radiation therapists and ultrasonographers. We fight breast cancer every day, and on September 30, we'll join you to run for the cure.

JOIN US IN THE 2012 RUN FOR THE CURE ON SEPTEMBER 30TH AT 9:00 AM AT CONCORD PACIFIC PLACE. FIND OUT MORE AT HSABC.ORG

HSA HEALTH SCIENCES ASSOCIATION
The union delivering modern health care

Canadian Breast Cancer Foundation
CIBC Run for the Cure

Foot in the door. Entry-level workers earn great exposure

This may come as a surprise to most students and new grads, but management consultants don't necessarily need to be 'experts' in a certain field or industry in order to consult. Management consulting is all about finding the right information, analyzing it carefully, and coming up with creative and effective solutions to help clients improve their performance.

Many large management consultancies, professional services firms (e.g., accounting firms), technology services firms, and outsourcing companies hire entry-level or junior consultants — often called associates or business analysts – with undergraduate degrees in business, arts, science and technology, who train and work alongside mid-level and senior consultants. These teams collaborate to come up with solutions to their clients' problems that combine both innovative new approaches and established best practices.

As a result of this collaborative approach, new grad consultants tend to receive a tremendous amount of mentorship and coaching from more experienced colleagues, both formally and informally, and have very early exposure to senior and executive-level people, including presidents and CEOs.

CASSANDRA JOWETT FOR TALENTEGG. TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

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A world of work

(Management consultants) also have the opportunity to travel across Canada, North America and even around the world. Management consulting is definitely a global career!

Cassandra Jowett

CASSANDRA JOWETT
TalentEgg.ca

When you imagine a career in 'consulting' you probably picture a team of people in suits from a consulting firm giving other business people advice about how to run their company.

What you're probably thinking of is actually called management consulting.

The bulk of entry level consulting jobs are in this particular field, so check out this primer to learn more about management consulting, what it's like to be a management consultant, and how to get a job as one straight out of school.

So what is a management consultant, exactly?

Management consultants are third-party analysts who examine information in order to provide management and operations recommendations to help an organization improve its performance.

These recommendations will ideally result in an increase in revenue, a reduction of costs, hiring the right people (and potentially firing the wrong people), and a clear strategy or direction for the future.

Organizations of all types and sizes, including corporations, non-profits and governments, hire management consultants to help them be more efficient and successful.

Some companies have teams of internal management consultants as well, but they tend to be more experienced consultants who have worked at one or more of the large consulting firms earlier in their careers.

What's it like to work in management consulting?

Depending on the size and scope of a client's situation, a consulting engagement can last anywhere from a few weeks to a few months or even more than a year! Typically you work with one client at a time so you can devote all of your energy and attention to them.

Management consultants often spend a lot of time at clients' offices to meet with key players and obtain the information required to develop a solution.

They also have the opportunity to travel across Canada, North America and even around the world. Management consulting is definitely a global career!

In recent years, due to the mobile nature of their workforce, some consulting firms have started to move away from the idea of a home office where everyone has their own desk, cubicle or office.

Employees of these forward-thinking firms are able to either telecommute or show up to any of their company's offices in Canada or even around the world, choose a spot at a table, and work there for the day on their laptop. This kind of arrangement helps consulting firms ensure there is enough space for everyone while simultaneously saving money on energy costs and renting or leasing space.

Service with a smile: this workforce requires a winning personality. ISTOCK

Landing a job in management consulting

Companies that hire entry level management consultants typically accept applications from graduating university students in September for full-time jobs that start the following year in February and late summer.

Some firms have school-specific application deadlines while others ask all students to apply online via a campus recruitment or associate job listing.

CASSANDRA JOWETT IS A TORONTO-BASED MULTIMEDIA JOURNALIST AND EDITOR WHO CURRENTLY WORKS AS CONTENT MANAGER AT TALENTEGG.CA.

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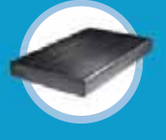

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Self evaluation.
How many of these consultant-geared qualities can you count as your own?

CASSANDRA JOWETT
TalentEgg.ca

Unlike many of the industries and professions we feature on TalentEgg, consulting is pretty broad and accepts students from a variety of disciplines and university programs, including business, arts and humanities, science, technology and engineering.

When it comes to a career in consulting, it's less about what you know and more about how you approach problems and find solutions, as well as your ability to communicate both of those things effectively.

If you're just learning about consulting or you're not sure if it is the career path for you, go through this checklist one by one. If you're able to check off each of these 10 qualities, chances are you're probably well suited to at least take a shot at starting a career in management or technology consulting.

Addicted to education

Life-long learning is a major priority in your life

- You know that your education doesn't stop when you earn your degree and you're not happy unless you're learning something new about the world – or yourself. You probably have career goals that include working toward a professional designation, or getting a graduate degree or MBA.

You could be an Egg-cellent consultant if...

You love solving problems
Whether it's a mathematical equation, your best friend's relationship conflicts or a business case challenge, you thrive on identifying problems and finding ways to solve them.

Helping others makes you feel good
Donating money to charity just doesn't cut it for you. You like to have a hand in helping other people and organizations directly so they can be stronger, happier and more successful and fulfilled in the future.

You're a data geek
You need lots of information on hand to make the best decisions. Numbers, testimonials, reviews, ratings — lay it all on you. The more data the better. Before your last major purchase, you probably filled an Excel spreadsheet with thousands of cells of data, comparing brands, models, prices, retailers and more. It was a lot of work, but you were totally satisfied with your purchase.

You prefer to make decisions based on logic
You're practically Vulcan-like in your desire to make logical decisions based on reason instead of emotion. If all the data points in one direction, you don't go the other way just because your gut tells you to.

You're a team player with leadership potential
You can know and accept your place on a team, and follow instructions from a capable leader. However, you can also step into that leadership position when called upon in order to develop a winning strategy and delegate roles and responsibilities to your teammates.

Do you consider yourself the queen of communicating the very complex? Perhaps a career in consulting might be right for you. ISTOCK

You can explain complex concepts in simple terms
At one point or another, you've probably told your grandparents how the Internet works, outlined the causes of the global financial crisis to your financially illiterate friend, and explained to your five-year-old cousin – for the tenth time – why the sky is blue. And they totally got it.

You actually enjoy giving presentations
Most people hate presentations and studies show that many would rather die than give public speaking presentations. Yikes! You can't imagine why — you meticulously prepare for presentations, and relish in walking that fine line between using your deck to support your presentation and using it as a crutch. It's an art form, really.

You're flexible
They say change is inevitable and you say, "Bring it on!" You'll sleep anywhere, meet anyone, eat anything and you're totally willing to change your whole approach to life at a moment's notice if that's what the situation calls for.

You're not afraid to ask for help
Sometimes you can't do everything yourself. You know there's nothing wrong with asking a friend, family member or colleague for a helping hand when you really need it.

CASSANDRA JOWETT IS A TORONTO-BASED MULTIMEDIA JOURNALIST AND EDITOR WHO CURRENTLY WORKS AS CONTENT MANAGER AT TALENTEGG.CA.

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The CV of the ultimate problem solver

What you need to succeed. The future consultant's resumé reflects an organized, outgoing individual

JESSICA KONZELMANN
TalentEgg.ca

Nice and concise: Keep in mind that Harvard Business School MBA grads manage to fit their resumés onto one page — you probably can too. ISTOCK

As a recent new graduate and now business analyst at a major consulting firm, I know how tough it can be to perfect your resumé to make it 'consulting ready.'

Fortunately for me, many of my peers who were in my shoes just a year prior were there to guide me through the process during recruitment season.

Their tips, tricks, must-dos, and cautions were a saving grace, giving me the edge I needed to secure interviews and bring me one step closer to my dream job.

Now, a year later, I am excited to be in a position to share what have learned.

Consulting resumé content

As an applicant, you need to focus on the following:

• Showcasing your excellent communication skills that were developed through school and work related experiences (e.g., class presentations, proposal writing etc.,)

• Consistently communicating your personal brand throughout your resumé. In other words, after someone reads your resumé, what do you want them to remember? (e.g., Jessica displays really great leadership and communication skills that she must have developed throughout…)

Describe your accomplishments

The structure of your resumé should be focused on describing your strengths and demonstrating how you provided insights and delivered tangible solutions to work and/or school related problems.

You should take every possible opportunity to assign some numerical value to the work you accomplished. For example:

• You constructed a sales-focused website for Client X to homogenize their online and offline presence, resulting in an increase of 10,000 hits over the course of one month.

When discussing your work and extracurricular experience, make certain you emphasize positions that highlight your leadership, people skills, communication skills and problem-solving abilities. Consulting firms are looking for well-rounded, intelligent and driven students who excel both inside and outside of the classroom, so it's a great idea to pull in examples from as many relevant activities as possible.

Leadership and people skills

Consulting is about working with people to solve complex problems, and firms want to know you can handle the tough interpersonal situations that arise in high-stress environments.

Provide examples of your exemplary leadership skills that have steered a team headed for failure to a successful outcome. Leaders must communicate and relate to their peers, so be sure to mention that your 'big win' was not only a result of your strategic insights, but a harmonious mixture of your communication and interpersonal skills that delivered an enticing, well-received message.

Top three of the CV

Key tidbits I learned while wordsmithing my resumé.

- **Keep things concise.** When proofreading your resumé, always ask yourself, "Is there a more concise way I can write this?" Chances are there is.
- **Everything should add value.** Make sure every sentence you write adds value to the overall goal of the passage. Apply the "so what" rule and eliminate phrases that do not sell your skills.
- **Tailor your resumé.** Use descriptive language that is crafted to the position and assignment you are describing.

JESSICA KONZELMANN IS A RECENT SCIENCE AND BUSINESS GRADUATE FROM THE UNIVERSITY OF WATERLOO WHO CURRENTLY WORKS IN TORONTO AS A BUSINESS ANALYST IN THE STRATEGY AND OPERATIONS CONSULTING PRACTICE OF ONE OF THE LARGEST PROFESSIONAL SERVICES FIRMS IN CANADA.

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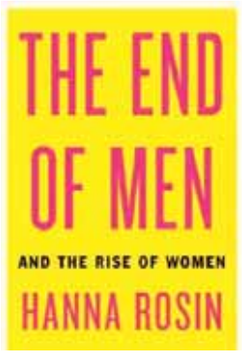
Demise of guys: Women picking up where men have left off?

See ya later, fellas. Author Hanna Rosin examines the rise of the female and the decline of the male post-recession

ALISON BOWEN
Metro World News in New York



In journalist Hanna Rosin's new book, The End of Men: And the Rise of Women, she crisply details how recent gender dynamics in the United States have almost been switched — most likely unwittingly. The book was built on new, frightening economic statistics as well as Rosin's interviews, from college students intent on only 'hooking up' to spouses boasting decades of marriage, and details how male-female chemistry has changed irrevocably since the recession.

"I was surprised at how radically marriage patterns had changed and how clearly they changed," Rosin said. "I didn't quite realize that the rise of women had so totally seeped into our domestic relations so quickly."

The End of Men shows how the economic vitality of a certain segment of the male population will never be able to recover. Even as the economy appears to be crawling back, the jobs that these men lost are not on the rebound – because many are in shuttered factories, leaving men with decades of obsolete experience unable to provide for their families or get new positions without new training or advanced degrees.

Meanwhile, as Rosin shows in striking profiles throughout the book, women have inched up the ladder, fighting for careers and promotions, and many are emerging as the often unintended heads of their households.

The reach of this new spousal structure — seesaw marriages, as she calls them, for the give-and-take of years of interchanging jobs — is not limited to married life.

Even at college campuses, women are adamant they will not settle, either for a man that does not have the credentials they want or a partner at the wrong time. Getting into a serious relationship is the new accidental pregnancy.

Author Rosin points to a generation of women afraid of being professionally derailed by male suitors. NINA SUBIN / MWN

METRO CUSTOM PUBLISHING

BOOMING DEMAND FOR WEB MARKETERS

The web marketing industry is booming. With the switch from traditional to digital media platforms in recent years, this is no surprise. Unfortunately, the web marketing industry is facing an issue: the lack of qualified job candidates.

Companies all over are having a difficult time recruiting the kind of people they're looking for. Gabriel Shaoolian, chief executive of web design and marketing company Blue Fountain Media, explained he once had 10 openings simply because his company could not find qualified people with technical backgrounds.

Despite the high demand for marketers, marketing graduates are facing quite the surprise when they find out exactly what analytical and technical skills are expected from them upon entering the workforce. With marketing progressing so quickly in the digital world, newcomers are expected to have strong technical backgrounds and some experience in online marketing. Many marketing courses focus on conceptual learning of traditional marketing mediums rather than hands-on experience with digital media, putting students at a serious disadvantage when it comes to competing in the job market.

To cater towards these new demands, top education institutions in the lower mainland are offering specialized courses in the web marketing field. Brighton College has launched a new Web Marketing diploma program that gives students a strong foundation in both the business and technical areas of online marketing. With courses in Search Engine Optimization (SEO), Search Engine Marketing (SEM), Social Media, Website Architecture and others, students earn Google Adwords Certification upon graduation, opening doors to plenty of opportunities in the field. A strong feature of the program is the final project component where students design, implement and monitor a campaign from scratch using actual monetary budgets to meet project and business goals.

With growth in this new and exciting industry looking so promising, a solid educational background with applied marketing experience is a major asset for new job candidates.

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SPORTS 4

Mobile sports

Cricket

The pressure's already on for the 40 players at the Canadian women's hockey team camp this week in Calgary, who will find out in just six months if they will be invited to try out for the 2014 Olympic team.

HC Davos' Rick Nash, right, is held up by SC Langnau's Mark Popovic during a Swiss League game on Tuesday in Davos, Switzerland. ARNO BALZARINI/THE ASSOCIATED PRESS

NHL going back to the bargaining table

Lockout. Discussions won't be limited to core economic issues when negotiations resume Friday

Europe bound

- The flood of locked-out players to Europe continues, with Vezina Trophy finalist Pekka Rinne signing on with Dinamo Minsk in the KHL Tuesday and Tuuka Rask (HC Plzen), Mikhail Grabovski (CSKA Moscow), Alex Steen (Modo), Douglas Murray (Djurgarden) and Alex Semin (Sokol Krasnoyarsk) joining new teams as well.

The NHL's collective bargaining talks are set to resume after a two-week hiatus and all of the issues are open for discussion.

Not only did the league and NHL Players' Association schedule a meeting for Friday in New York, but they also agreed to reopen negotiations on matters unrelated to the economic system that governs the sport.

It's a departure in approach from the weeks leading into the lockout, when the sides focused solely on core economics. They were about $1 billion apart after each tabled offers during the last bargaining session on Sept. 12, and a new plan of attack was developed by deputy commissioner Bill Daly and Steve Fehr, the NHLPA's special counsel, during a face-to-face meeting in Toronto on Tuesday morning.

"We agreed on an agenda that made sense and might produce some forward progress," Daly told The Canadian Press.

The lockout has already forced the cancellation of September's pre-season games and it's expected that the remainder of the exhibition schedule could officially be wiped out as soon as Wednesday. After that, regular-season games will be next on the chopping block.

Despite stalled negotiations, Daly said earlier this week that the process was "light-years" ahead of where it was at this point in 2004. The decision to return to the bargaining table is evidence of that. Eight years ago, the sides let three months pass after the lockout was enacted before resuming talks.

While a significant economic gulf remains this time around, at least one veteran negotiator believes it's a good sign the NHL and NHLPA are willing to discuss issues such as pensions, grievance procedures and travel in the meantime.

"It means that once they settle the economic issues they want to start playing right away," said the negotiator, who requested anonymity.

Additional reminders of the damage inflicted by the lockout continue to surface with each passing day. The St. Louis Post-Dispatch reported Tuesday that the Blues had laid off just under 20 employees and forced their remaining staff to take pay cuts or a reduced work week.

THE CANADIAN PRESS

NHL

Edmonton mayor doesn't buy Oilers' moving to Seattle

Edmonton's mayor says if the Oilers are serious about trying to relocate the NHL team to Seattle, good luck drawing fans in the Pacific Northwest.

"The Oilers have sold out, what, 150 to 200 games in a row (in Edmonton)," Stephen Mandel said in a TV interview Tuesday morning.

"In Seattle you have football, baseball, if they get an NBA team (then it will be pro basketball), college football, college basketball, and then hockey. I'm not sure you're going to sell out 18,500 seats a game or 18,300 seats a game there at $8,000 a season ticket."

Mandel was commenting on Oiler brass, including team owner Daryl Katz, visiting with Seattle officials Monday night to discuss relocating the team to that city.

In a news release, the team said it has no choice but to review other options.

THE CANADIAN PRESS

NHL

Cloutier returns to Canucks organization as goalie consultant

The Vancouver Canucks have hired former netminder Dan Cloutier as a goaltending consultant.

Cloutier joined Vancouver's American Hockey League affiliate in Chicago for its training camp, which opens Wednesday.

Cloutier spent 10 seasons in the NHL with the New York Rangers, Tampa Bay, Vancouver and Los Angeles. He posted a career record of 139-142-33 with 15 shutouts and a 2.77 goals against average.

THE CANADIAN PRESS

Mitchell's bank account slashed by CFL

Khalif Mitchell is in trouble with the CFL once again.

The league fined the B.C. Lions all-star defensive lineman an unspecified amount Tuesday for multiple "throat slashing" gestures committed in the club's 19-18 win over the Edmonton Eskimos on Saturday night.

After the game, Mitchell defended his actions, saying he made a gesture in the form of a cross. But a television replay showed the defensive tackle making a throat-slashing gesture.

Earlier this season, Mitchell served a two-game suspension handed down by the CFL for violently hyper-extending the arm of Edmonton offensive lineman Simeon Rottier in the Eskimos' 27-14 win in Vancouver on July 20.

Mitchell was not penalized on the play but was suspended by CFL commissioner Mark Cohon.

Saturday night's game was Mitchell's first against Edmonton since the incident with Rottier. Mitchell flattened the Eskimos guard on the first series Saturday night and walked away without incident after quarterback Steven Jyles was sacked. THE CANADIAN PRESS

Around the league

- The Alouettes will be without defensive tackle Ventrelle Jenkins (bruised knee) and possibly defensive back Seth Williams (concussion) when they play the Tiger-Cats Friday.
- Jarious Jackson will get the start Saturday when the Argonauts visit the Blue Bombers. Regular starter Ricky Ray suffered strained ligaments in his knee in Sunday's loss in Montreal.

Lions defensive lineman Khalif Mitchell gestures to the fans towards the end of Saturday's game in Edmonton. JOHN ULAN/THE CANADIAN PRESS FILE

Blue Jays blank the Orioles

The Toronto Blue Jays' Yan Gomes follows through on an RBI single against the Baltimore Orioles on Tuesday in Baltimore. Aaron Laffey and five relievers combined on a six-hitter as the Jays beat the Orioles for a second straight game, 4-0. Baltimore remained 1 1/2 games behind first-place New York in the AL East. GAIL BURTON/THE ASSOCIATED PRESS

NFL ref rage peaks after 'Hawks-Packers debacle

The Replacements.
NFL upholds Seattle's controversial win against Packers on Monday Night Football

The NFL put its stamp of approval on the still-smouldering outcome of the Green Bay-Seattle game:

Wrong call.

Right review.

Wrong team still wins.

Seahawks 14, Packers 12.

With frustration mounting among coaches, players and fans, the worst fear finally materialized: A mistake by a replacement official decided the outcome of a game.

It came while the NFL and its regular officials, locked out since June, resumed talks in an attempt to resolve the impasse.

That was still a day late for the Packers.

The fiasco, which unfolded on the prominent stage of Monday Night Football, was deconstructed by the league Tuesday in a way that surely rendered little comfort for Cheeseheads.

Packers Tramon Williams and M.D. Jenning vie for the football on Golden Tate's controversial game-winning catch for the Seahawks in Seattle on Monday night. STEPHEN BRASHEER/THE ASSOCIATED PRESS FILE

The NFL said Seattle's last-second TD pass should not have counted because Seahawks receiver Golden Tate should have been called for offensive pass interference, ending the game with Green Bay winning.

Instead, officials ruled it a touchdown, and penalties either way are not reviewable.

That left it to whether Tate and Green Bay safety M.D. Jennings both had possession of the ball. The officials said they did, but the Packers insisted Jennings had clear possession for a game-ending interception. The NFL agreed that the replay was inconclusive, upholding the TD and giving Seattle the win.

Green Bay quarterback Aaron Rodgers, normally a soft-spoken player who didn't say much after the loss, lashed out on his radio show Tuesday.

"First of all, I've got to do something that the NFL is not going to do: I have to apologize to the fans," he said on ESPN 540-AM in Milwaukee.

Even President Barack Obama got in on the conversation Tuesday, tweeting: "NFL fans on both sides of the aisle hope the refs' lockout is settled soon."

The controversy began on the final play when Russell Wilson heaved a 24-yard pass into a scrum in the end zone with Seattle trailing 12-7. Tate shoved away a defender with both hands, and he and Jennings got their hands on the ball.

"It was pinned to my chest the whole time," Jennings said.

Instead, the officials ruled on the field that the two had simultaneous possession, which counts as a reception.

"The NFL Officiating Department reviewed the video today and supports the decision not to overturn the on-field ruling following the instant replay review," the league said in a statement. THE ASSOCIATED PRESS

A bookie's worst nightmare

$300M

Amount of money Las Vegas oddsmakers say changed hands worldwide after NFL replacement referee Wayne Elliott's controversial call on Monday.

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Representative financing example based on 2012 Soul 1.6L MT (SU751K) with a selling price of $15,867 (including delivery and destination fees of $1,650, $500 loan savings, other fees and certain levies (including tire levies) and A/C charge ($100, where applicable)). Financed at 0% APR for 60 months, 130 bi-weekly payments equal $60 per payment with a down payment/equivalent trade of $0. Cost of borrowing is $0 for a total obligation of $15,867. License, insurance, applicable taxes, variable dealer administration fees (up to $699), PPSA and registration fees are extra. Retailer may sell for less. See dealer for full details. ‡$500 Winter Tire offer is open to retail customers who finance or lease an eligible new 2012 or 2013 Kia vehicle from a participating Kia dealer between September 1 and October 1, 2012 inclusive. Eligible models include 2012/2013 Rio 4 base and 5dr, 2012/2013 Forte Sedan, Forte Koup and Forte5, 2012/2013 Sorento and 2012 Soul 1.6 L 4U or MT models. $500 can be redeemed, at customer's option, towards the purchase of a winter tire/rim for the new Kia vehicle, in the form of a cheque in the amount of $500 or as a reduction of $500 from the negotiated selling price (before taxes) of the new vehicle. Some conditions apply. See your Kia dealer for complete details. Offer ends October 1, 2012. ‡‡ Bi-weekly finance payment (on approved credit) for new 2013 Sorento LX AT (SR75B3)/2013 Sorento 3.5 GX V6 (SR75D3)/2013 Sorento 3.5 LX V6 (SR75D3) based on a selling price of $28,667/$31,267 is $148/$167 with an APR of 0%/1.49% for 60 months, amortized over an 84-month period. $500 loan/remaining principal balance of $7,719/$8,543 plus applicable taxes due at end of 60-month period. Delivery and destination fees of $1,650, $1,650 "3 payments on us" savings, other fees and certain levies (including tire levies) and A/C charge ($100, where applicable) are included. License, insurance, applicable taxes, variable dealer administration fees (up to $699), PPSA and registration fees are extra. See dealer for full details. ‡3 Payments On Us offer is available on approved credit to eligible retail customers who finance or lease a select new 2012 Soul 1.6L MT/2012 Soul 1.6L AT/2012 Optima/2012 Sorento/2013 Sorento from a participating dealer between September 1 – October 1, 2012. Eligible lease and purchase finance (including FlexChoice) customers will receive a cheque in the amount of three payments (excluding taxes) to a maximum of $350/$350/$400/$550/$550 per month. Lease and finance (including FlexChoice) purchases are subject to approved credit. Customers will be given a choice between up to $1,050/$1,050/$1,200/$1,650/$1,650 reductions from the selling/leasing price after taxes or dealer can issue a cheque to the customer. Some conditions apply. See your dealer for complete details. Offer ends October 1, 2012. ‡Lease offer available on approved credit on new 2013 Sportage 2.4L LX MT FWD (SP551D) is based on monthly payments of $236 (includes delivery and destination fees of $1,650, other fees and certain levies (including tire levies), A/C charge ($100, where applicable), $350 lease service fee and a lease savings (lease credit) of $500) for 48 months at 0.9% with a $1,699 down payment/equivalent trade, security deposit and first monthly payment due at lease inception. Total lease obligation is $13,049 with the option to purchase at the end of the term for $11,335. Lease has 16,000 km/year allowance and $0.12/km for excess kilometres (other packages available). License, insurance, applicable taxes, variable dealer administration fees (up to $699), PPSA and registration fees are extra. Retailer may lease for less. See dealer for full details. ^Cash purchase price for 2012 Optima Hybrid Base (OP74AC) is $26,472 and includes a cash savings of $4,700 (which is deducted from the negotiated selling price before taxes and cannot be combined with special lease and finance offers), $1,000 ECO-Credit, delivery and destination fees of $1,455, other fees and certain levies (including tire levies) and A/C charge ($100, where applicable). License, insurance, applicable taxes, variable dealer administration fees (up to $699), PPSA and registration fees are extra. Based on the Manufacturer Suggested Retail Price of $32,172. Retailer may sell for less. Available at participating dealers. See dealer for full details. ^ECO-Credit for 2012 Optima Hybrid is $1,000 (deducted before taxes) and is applicable to the purchase or lease of a new 2012 Kia Optima Hybrid. Available at participating dealers. Certain restrictions apply. See dealer for details. ‡‡$4,700 cash savings on the cash purchase of an eligible new 2012 Optima Hybrid from a participating dealer between September 1 – October 1, 2012. Cash savings is deducted from the negotiated selling price before taxes and cannot be combined with special lease and finance offers. Some conditions apply. See your dealer for complete details. ††Model shown Manufacturer Suggested Retail Price for 2013 Sorento 3.5L SX AWD (SR75XD)/2013 Sportage 2.0T SX with Navigation (SP759D)/2012 Optima Hybrid Premium (OP748C) is $43,045/$39,145/$37,250 and includes delivery and destination fees of $1,650/$1,650/$1,455, other fees and certain levies (including tire levies) and A/C charge ($100, where applicable). License, insurance, applicable taxes, variable dealer administration fees (up to $699), PPSA and registration fees are extra. Retailer may sell for less. Available at participating dealers. See dealer for full details. *Highway/city fuel consumption is based on the 2013 Sorento 2.4L GDI 4-cyl (A/T)/2013 Sportage 2.4L MPI 4-cyl (A/T)/2012 Optima Hybrid 2.4L MPI 4-cyl (A/T). These estimates are based on Transport Canada's approved criteria and testing methods. Refer to the Government of Canada's *EnerGuide Fuel Consumption Guide*. Your actual fuel consumption will vary based on driving habits and other factors. Some conditions apply to the $500 Grad Rebate Program. See dealer or kia.ca for details. Information in this advertisement is believed to be accurate at the time of printing. For more information on our 5-year warranty coverage, visit kia.ca or call us at 1-877-542-2886. KIA is a trademark of Kia Motors Corporation and Kia Canada Inc. respectively.

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Getting into Focus for 2013

ALL PHOTOS WHEELBASEMEDIA

2013 Ford Focus ST

- **Type.** Four-door, front-wheel-drive compact hatchback.
- **Engine (hp).** 2.0-litre DOHC I4, turbocharged (252).
- **Transmission.** Six-speed manual.
- **Base price (incl. destination).** $31,500.

Steering

New variable-ratio power-steering makes the ST a bit sharper, while torque-vectoring control applies light inside front-wheel braking force in the turns for improved agility. And let's not forget the beefed-up brakes designed to more effectively arrest the 1,465-kilogram ST's momentum.

Shocks

Along with literally boosting the 2.0's output for ST duty, the RS/SVT gang strengthened and stiffened the Focus platform and lowered the ride height by about a centimetre. The shocks and springs are stiffer for more control, plus the front anti-roll bar is larger in diameter, which limits body lean while cornering.

Style

Visual flavour is similarly beefed up with a front spoiler, chrome-trimmed headlamps and a mesh-style grille. There's also extra rocker-panel trim along the sides. The bumper containing the exhaust outlets and tinted tail lamps are exclusive to the ST, as is the optional roof spoiler designed to reduce drag as well as aid in overall stability.

Speed

Ford claims the ST is capable of zero-to-96-km/h sprints in the low-six-second range, which is about two seconds quicker than a standard Focus hatch. Official fuel-consumption numbers aren't out yet but about 10.0 l/100 km in the city and 5.5 highway would be a reasonable guess. That's impressive considering the extra thrust.

Review. Giving an eco boost to performance

MALCOLM GUNN
Wheelbase Media

By now you've probably heard about something from Ford called "Ecoboost." It's a series of turbocharged engines that, depending on how the company wants to spin the propaganda, is either a way to stretch fuel dollars, or a way to give your right foot a good workout.

Put an Ecoboost four-cylinder in a seven-passenger Ford Explorer tall wagon and you have a docile fuel champ. Put roughly the same engine in a Ford Focus and fuel performance plays a quiet second fiddle to acceleration, turning and stopping performance.

It's a bookend in a rather diverse line. At one end, the Electric model represents all things lean, clean and green. At the other, the new ST, arriving soon, is positioned as the quintessential driver's car for the budget-minded.

Both models come in hatchback formats only. Middle-ground mainstream versions of the Focus can be had in either sedan or hatch variants. The ST owes its existence to Ford's European-based Team RS performance group working co-operatively with the automaker's SVT (Special Vehicle Team), which are engineers in North America responsible for breathing life into the Mustang-based Shelby GT500 and SVT Raptor pickup.

For the ST, that life force involves the installation of a 252-horsepower 2.0-litre Ecoboost turbocharged four-cylinder (torque is 270 pound-feet). That's way up from 160 horses and 146 pound-feet of torque available in non-turbocharged base models of identical engine displacement.

Perhaps the best part of the Focus ST is that it places its considerable sizzle within reach of a good percentage of the population. Whether they feel like eco-warriors with "Ecoboost" under the hood — or road warriors — that means there are at least two good reasons to buy in.

It's a busy place inside the ST, but at least the level of detail is befitting the price tag of the car.

Aside from the option of this retina-searing colour, the ST has some obvious add-ons that the base Focus models don't get.

This type of colour contrast has a very narrow appeal, but the stitching seems to pull it all together.

By comparison

1 Honda Civic Si
Base price: $27,500.
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Fiesta reunion: Just how far have we all come in more than 40 years?

Autoknow. A meet-up of military kids four decades later reintroduces writer to this compact model

JOE KNYCHA
wheelbasemedia.com

We were Cold War babies who came of age in the time of Woodstock, many born into military families, others the friends of military children.

Growing up military then, as now, meant times of periodic personal upheaval, as families were posted from one encampment to another, often clear across the country and sometimes overseas.

The kids frequently had to say good-bye to established friends, then make new ones in unfamiliar places. Occasionally, though not often enough, we'd meet old friends in our new surroundings.

But here, at Canadian Forces Base Greenwood in Nova Scotia's Annapolis Valley, we became politically and socially aware together, shared new musical interests, developed our first romantic relationships, grew long hair to the annoyance of our parents and teachers, and wore "mod" clothes, faded jeans and platform shoes.

Some espoused hippie ideals and some smoked pot, and to varying degrees we almost all challenged authority in our own ways.

A few developed a passion for cars and motorcycles that endures today.

We hung out at the local community centre and as awkward teens, attended one or more of three local high schools, cross-pollinating growth and life experiences.

After school, some stayed and built their lives in the Valley; others left to eventually settle across Canada, the United States and around the world. Some enlisted.

And here in the summer of 2012, almost 400 CFB Greenwood "alumni" were gathered again, at a reunion dubbed Greenwoodstock, looking into the eyes of people most hadn't seen, and in many cases whose names we hadn't heard, in four decades.

Some had only to cross the virtual street to be there; others came from as far as China and Italy.

Long story short, Greenwoodstock was a big success for all concerned. Old friendships were renewed and new ones made, long forgotten memories were vividly rekindled and plans were floated to do it all again, maybe next year, maybe in five years; at this age, no one wants to wait another 40.

Like the current Fiesta, the original came from Europe. Back in the day, it was a revelation in the way North Americans had come to know compact cars. ALL PHOTOS WHEELBASE MEDIA

Things have changed considerably since 1976 where driving a small car was considered not only a compromise, but weird.

We could do without the decals on the new Fiesta and simply admire what is a particularly handsome package.

We've come a long way, baby

Thirty-six years on, the 2013 Fiesta has grown, matured and broadened its appeal; much, come to think of it, like those who attended Greenwoodstock.

- Its features are smoother, softer, much more aerodynamic and the vehicle itself is less prone to committing rash acts.
- Still bearing the original's front-engine, front drive configuration, but with 36 more horsepower and two more doors, the current Fiesta features safety systems and performance that the original could not have offered at any price in its day, when crumple-zone construction was in its infancy and airbags had yet to be invented.
- Where the Mark 1 was virtually devoid of electronic assistance of any kind, the 2012 SE model bristles with more computing power than Darth Vader's Death Star.

The interior of the Fiesta has evolved just as much as the exterior.

- Direct electronic fuel injection achieves precise metering of air/fuel mixtures for lower consumption, more complete burning and cleaner exhaust at all speeds and under all load conditions.
- Standard equipment in all Fiestas includes keyless entry, auto-locking doors, electronic stability control; dual-stage front row airbags, driver knee bag and side-impact and side-curtain airbags as well as four-wheel anti-lock brakes and on-board, real-time tire pressure monitoring.
- The SE, the middle child in the Fiesta lineup, adds standard cruise control, a premium sound system, and Ford's latest-generation SYNC infotainment system. It puts the power to the road through a six-speed automatic transmission.
- Interior space has similarly evolved to where the Fiesta is a comfortable and inviting place for four adults or a family of five, with enough hatch space to handle all their luggage and/or athletic equipment.

1976

Young love rekindled

For myself, Greenwoodstock closed several incomplete circles, revived feelings and emotions not felt for years, rebuilt a few bridges I had thought burned and awoke a muse that had been dormant for decades.

And peripherally, on an automotive note, it reintroduced me to a nameplate I'd first encountered soon after leaving Greenwood and striking out on my own: the compact Ford Fiesta.

In 1976, with my own car broken and a need to be somewhere else, I rented a first-generation Fiesta Mark 1 to get me there.

The model was then new to North America, imported from Ford of Europe, where small cars had already been the norm for decades.

In an age of domestic "compacts" bearing names like Dart, Pinto and Vega, the spunky little Fiesta — possessed of an eager spirit, lightweight construction, lively acceleration and adroit handling — was a revelation as to what a small car could be.

In short, the front-wheel-drive, three-door hatchback was fun to drive, a quality its competition singularly lacked.

An 84-horsepower 1.6-litre four-cylinder engine, mated to a slick four-speed manual transaxle, revved freely to redline, and the four-wheel independent suspension gave it ride and cornering attributes that the competition just could not emulate.

Like those who marvelled at Woodstock as kids, and who 40 years later gathered again for Greenwoodstock as adults, the youthful Fiesta exemplifies the axiom that things just get better with age.

JOE KNYCHA IS A WRITER WITH WHEELBASE MEDIA. YOU CAN MESSAGE HIM USING THE CONTACT FORM AT WHEELBASEMEDIA.COM. WHEELBASE MEDIA IS A WORLDWIDE PROVIDER OF AUTOMOTIVE NEWS AND FEATURES STORIES.

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Say yes to the Yaris: Trustworthy enough to get you where you want

Second gear. Toyota Yaris looks like a reliable, efficient used-compact bet

JUSTIN PRITCHARD
drive@metronews.ca

ALL PHOTOS HANDOUT

Replacing the Echo was Toyota's compact sedan/hatch, the Yaris. Available from 2006 to 2011 in its last generation, Yaris packed four-cylinder power, a flexible interior and feature content including stability control, anti-lock brakes, air conditioning, cruise control, power accessories and more — depending on the year and model. Alloy wheels and fog lamps were available too, adding a sense of street-smart flare on some models. Folding rear seats in the Yaris hatchback, particularly, helped enhance flexibility and day-to-day utility.

Common issues

Check the Yaris's coolant level, and double-check for signs of coolant leaks because numerous owners have reported premature water-pump failure that results in a leak. Double-check for proper operation of the air conditioner (if equipped), and check for any signs of moisture on the front carpeting. Yaris has been reported to have some issues with clogged air conditioner drain vents, which could leak water into the cabin or even short out the blower fan.

Check the speakers for proper operation at all volume ranges, as intermittent operation of front speakers is not unheard of.

Check the paint for signs of chipping, scratches or rust.

What owners like

Toyota's reputation, fuel-efficiency, flexibility and a high degree of utility and maneuverability are raved about by Yaris owners. Handling dynamics, relatively speaking, are also highly rated.

What owners dislike

Some owners wish for a heavier, more stable and 'safer' driving feel. Further, appreciation for the Yaris's centre-mounted instrument cluster is mixed at best.

The verdict

Most of Yaris's known issues are fairly minor and easy to spot. A mechanical thumbs-up from a Toyota dealer is a good start towards owning a compact car with above-average levels of reliability and fuel economy.

Car details

- **Model.** 2006 to 2011 Toyota Yaris.
- **Vehicle Type.** Compact.
- **Engines.** Look for a 1.5 litre four-cylinder engine with just under 110 horsepower on all models. A five speed manual or four-speed automatic were available.

The Yaris's centre-mounted instrument cluster is not to everyone's liking.

Real world talking car experiment about saving lives

In a few weeks, about 2,800 cars, trucks and buses will start talking to each other on the streets of Ann Arbor, Mich., in a giant experiment that U.S. government officials are hoping will lead to safer roads.

Wireless devices will allow the vehicles to send signals to each other, warning their drivers of potential dangers such as stopped traffic or cars that might be blowing through a red light. They can even get traffic lights to turn green if no cars are coming the other way.

The U.S. Department of Transportation and the University of Michigan are hoping the year-long, $25 million project generates data that show the devices can cut down on traffic crashes.

Officials say eventually this could lead to the devices going in every car. About 500 vehicles with the devices are now on the roads. That will rise to 2,800 in about six weeks, officials said last week.

"This is a big day for safety," Transportation Secretary Ray LaHood said at an event at the university formally kicking off the experiment.

"We'll use this information to decide if vehicle technology can be applied to daily lives."

Group effort

- Ford, General Motors, Honda, Hyundai/Kia, Mercedes-Benz, Nissan, Toyota and Volkswagen/Audi all are supplying vehicles and taking part in the Ann Arbor, Mich., test.

More than 32,000 people died last year in U.S. traffic crashes, down 1.7 per cent from 2010. The number of crashes has fallen in recent years as automakers added safety devices such as air bags, antilock brakes and stability control, which helps drivers keep cars under control in emergency situations.

But LaHood said that 80 per cent of crashes in which the drivers aren't impaired by drugs or alcohol could be prevented — or the severity reduced — if cars could talk to each other.

When the technology will make its way into cars and trucks everywhere is unclear. The National Highway Traffic Safety Administration has the authority to order the devices placed in all new cars, but LaHood said they'll have to study the data before making any decision. The data will be available in about a year.

In a demonstration at the Transportation Research Institute, a Volkswagen GTI equipped with a device got a signal that a car up ahead of it had braked. The warning allowed the GTI driver to slow down before seeing the brake lights on the car in front of him. The device also warned the GTI driver at a stop sign that another car was about to speed through the intersection.

Peter Sweatman, director of the institute, said testers will look for data showing that the warnings prevented crashes. Previous tests, on a smaller scale, showed the devices can stop crashes, he said.

Technology is available so that connected cars could be on the road nationwide in under 10 years, Sweatman said.

"I think this is going to kick everything off," he said. "This is going to move everything forward." THE ASSOCIATED PRESS

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ALL PHOTOS BY JUSTIN PRITCHARD/FOR METRO

Weekend warriors take note

Racing roadster.
Mazda MX-5 ideal for track-day novices

JUSTIN PRITCHARD
drive@metronews.ca

Beneath the Mazda MX-5's tiny body and great big smile is a level of sports-car expertise that spans more than two decades. It might be free of excessive horsepower and intimidating looks, but Mazda's simplistic roadster is a hell of a thing to drive on a racetrack — for novices and experts alike.

Considering a fun commuter and vacation getaway machine that'll do double duty as a weekend racer? Here are a few reasons to put Mazda's cute little two-seater on your radar.

There's room for your stuff
MX-5's roof stores away into its own special little compartment — not into its trunk. That means you've got plenty of room for a bag, a pair of helmets, and a small cooler with track-day drinks and snacks.

It's easy on parts
Excessive weight generates excessive heat in a vehicle's braking system and excessive stress on the tires. Since the MX-5 is little and lightweight, drivers benefit from consistent braking performance with minimal wear, as well as extended tire life during sporty driving.

On many cars, a few hours of lapping can leave the tires looking rough. With the MX-5, the rubber shows negligible signs of use — even after countless hard laps.

The ESC isn't annoying
In some cars, the stability control is a pain in the butt. That's especially true when it's left engaged in a track setting by a novice driver hoping to safely explore a vehicle's limits. In the MX-5, the stability control is tuned perfectly — ignoring all but the most serious slides and letting drivers feel everything the car is up to.

Should the ESC kick in, it does so very briefly, and only if you get really out of shape.

Intervention typically takes the form of a split-second touch of selected brakes, rather than several seconds of frustrating throttle neutralization by the electronic fun police.

It's great on fuel
MX-5 gets great mileage en route to the track, while lapping, and while driving back home at the end of the day.

Expect highway cruising mileage at a good clip to land around 7.5l/100 km, and track-going mileage to land around 18. Translation? Most drivers will be able to tackle a day of racing on a single tank of fuel.

It's a convertible
Driving topless is great for a pile of reasons. Lapping the MX-5 sans-roof feeds your peripheral vision heaps of information that helps to place the car within its surroundings while relating it to the horizon. This is key for successful and confident reactions to slides and skids, should they occur.

And, since the MX-5 only comes in a drop-top, nobody can poke fun at your decision to drive the heavier and less-stiff version of a sports car with a fixed roof.

It grows with you
Novice lappers will feel like a race-car driver and love the forgiving, flattering nature of driving the MX-5 hard.

As skill levels increase, the MX-5 is right there with you, too. It's a hoot for track-day beginners and veterans alike.

The MX-5's tires won't wear down easily on the track. So feel free to make those hard turns.

The base price for the Mazda MX-5 is $29,145. Helmets not included.

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Your bleeding brakes

Purging the air from your brake lines usually requires one person to apply brake-pedal pressure and another to open and close the individual slave cylinder valves located at the wheels. You can do it all by yourself now with the MaxPro Reverse Brake Bleeder by Phoenix Systems. The basic kit sells for $170 US, but you should also order the Brake Strip brake tester (starting at $10 US for two strips) that, when dipped in your vehicles fluid reservoir, will detect the amount of contamination in the system and indicate if a flush is necessary. Check out Phoenix System's assortment of commercial and home bleeding kits at brakebleeder.com.

Dude, where's my car?

Many people are probably too embarrassed to admit it, but losing a vehicle is easy to do when parked in a large, busy lot. That problem is history with one of the tracking systems from The Auto-Finder. Each unit consists of an in-car beacon and a battery-powered remote finder. Just press to activate the system up to a distance of half a mile. A visual and audible sound emanating from the beacon lets you know precisely where your vehicle is parked. The basic kit sells for $80 US, while the deluxe version that comes with its own custom travel case costs $120 US. The company also sells packages for multiple vehicles and/or family members. See the full line at auto-finder.com.

In a bind? Tape to the rescue!

There are certain emergency items that should be in every vehicle. One of these must-haves is Rescue Tape, a silicon-based, self-fusing product that's strong enough to "rescue" you from all sorts of mishaps. Rescue Tape is ideal for plugging various hose leaks under the hood and can also be used for temporary repairs to metal surfaces (such as brake lines) as well as for creating a waterproof barrier around electrical connections. The manufacturer claims it can even serve as an emergency fan belt. Wet, dirty or oily surfaces will not affect the performance of Rescue Tape, nor will hot surfaces up to 260 C. $25 for two four-metre-long rolls. rescuetape.com.

European automotive industry down and out — but we'll always have Paris

Auto show. World still has a love affair with European design, despite economic tough times

AUTO PILOT
Mike Goetz
drive@metronews.ca

The Smart ForStars concept debuting this week in Paris is so named because you can view the stars via its glass roof, and for its video projector embedded in the front hood — good for screening movies and their movie "stars" whenever the mood strikes. HANDOUT

Europe's economy is in shambles. Consequently, car demand in Europe this year is forecast to be less than 12.5 million units — the second lowest level in the last 20 years.

This is how Fiat and Chrysler CEO Sergio Marchionne framed the situation, during an industry conference held this week in conjunction with the Paris auto show: "The European car market is a disaster. It has plunged off a precipice that doesn't seem to have bottomed out yet."

Good times.

So can we expect the upcoming Paris show to be somber and uneventful? Hardly.

I guess you can be bummed out in Paris if you tried, but you'd have to really bust a gut. Also, auto companies have to keep their models fresh whatever the economic cycle. And finally, maybe lots of Europeans can't or won't buy a new vehicle this year, but that is not the same thing as the world telling Europe to stop creating vehicles, for the world clearly still loves European designs.

The global aspect of the industry has meant that Europeans designs don't stand out like they used to, but you know what? They still stand out. American and Asian brands have made great strides, but they still don't attract the eye like most models do from Audi, Mini, BMW, Mercedes-Benz, Land Rover, Volvo, Jaguar, Aston Martin, Ferrari, etc.

It doesn't hurt that European models play more in the upscale segments, but a lot of that is because they can — through great looking vehicles.

So European flair will surely continue to excite, amid and despite the chaos. The Paris show will not be diminished in any way.

The show gets underway on Thursday, but several "advance" images of some of the debutantes are already in circulation.

The most important of which is the Jaguar F-Type, the English automaker's long awaited, all-new "smaller" two-seat sports car, which channels the famous E-Type (1961-1974). Fans of Jag's more earnest sports cars of the past have been waiting for a car like this for a long while. All I'm saying at this point is "hallelujah."

Another notable two-seater to debut at Paris is the Smart ForStars. The concept tells us a lot about the direction of the new-generation Smart platform, due in North America in 2014. Basically get ready for lots of Smart variations, like a four-seater (ForFour), and something like this mini-mini-SUV thing they're calling ForStars.

And there will be more where that came from. Because Europe will not stop being Europe.

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A participant at an event by Toyota Motor Corp., puts a quick charger plug into the newly-developed compact electric vehicle eQ during a test drive in Tokyo, Monday. Toyota is boosting its green vehicle lineup, with plans for 21 new hybrids in the next three years, a new electric car later this year and a fuel cell vehicle by 2015. KOJI SASAHARA/THE ASSOCIATED PRESS

Leaner and greener: Toyota boosts lineup with the eQ and more

Innovation. Japanese company says long-term development potential for fuel cells is great compared with electric cars

Toyota Motor Corp. has plans for 21 new hybrids in the next three years, a new electric car later this year and a fuel cell vehicle by 2015 in response to growing demand for fuel efficient and environmentally friendly driving.

Toyota said Monday it will offer an electric compact called eQ, based on its iQ model, in Japan and the U.S. in December, though the number of the vehicles made will be extremely limited — about 100 for special fleet use, according to the company.

The car, which will be called the iQ EV in the U.S, is pricey at 3.6 million yen ($45,000 US) and has a limited cruise range of 100 kilometres.

In the U.S., an electric version of the Rav-4 sport utility model, which Toyota worked on with U.S. electric vehicle maker Tesla Motors, goes on sale this month.

The fuel cell vehicle, which runs on hydrogen to produce electricity, will be offered from 2015. Details for that model were not released.

Takeshi Uchiyamada, the executive overseeing technology and new model development at Toyota, said the long-term potential for fuel cells was great, compared to electric cars, because of greater cruise range and shorter charging time. He said tens of thousands of fuel cell vehicles are likely to get sold in the 2020s.

A good compromise at the moment is the plug-in hybrid, which works as an electric vehicle until the battery runs down, and then switches to its hybrid motor, so there's less chance of being stranded than with a standard electric car. Toyota has sold 15,600 of its plug-in vehicle since launching it earlier this year.

Uchiyamada said the positive reception for new technology, such as the hybrid, surprised Toyota, underlining the deep interest the public has in reducing emissions and protecting the environment.

Although annual hybrid sales were tiny when the Prius first went on sale in 1997, such sales have grown to more than one million a year worldwide, comprising 10 per cent of Toyota's global sales.

In Japan, where green subsidies have been a big plus in recent years, hybrids make up nearly half Toyota's sales, Uchiyamada, the engineer known as "the father of the Prius," said.

"The public's consciousness is a lot higher than we ever imagined," he said.

THE ASSOCIATED PRESS

Kicking it up a notch

- Like other Japanese automakers, Toyota is gearing up for expansion after getting battered the last few years by the financial crisis and disasters in northeastern Japan and Thailand that disrupted production.
- The manufacturer is also counting on its reputation for green technology that it has built with its hit Prius, the world's leading gas-electric hybrid, to woo buyers and fix its brand battered by the massive recall scandal in the U.S. a few years ago.
- But rivals are working on green offerings, too, such as Nissan Motor Co. focusing on its Leaf electric car. Another challenge is that customers in emerging markets, which are driving growth in demand for autos, are still not as interested in hybrids and other fancy — and expensive — technology.

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3.5 SR model shown*

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^$14,000 Cash Discount is based on non-stackable trading dollars and is only applicable to 2012 Titan Crew Cab models. Cash Discount value varies by model †0%/0.9%/0.9% purchase financing for up to 84/84/84 months available on 2012 Altima Sedan/Sentra/Rogue models. Representative finance example based on Selling Price of $29,427 for 2012 Altima 2.5 S Luxury Package (T4RG12 CA00), CVT transmission, financed at 0% APR for 84 months equals $350 per month with $0 down payment. Cost of borrowing is $0 for a total obligation of $29,427. ‡Finance offers are now available on new 2012 Altima 2.5 S Luxury Package (T4RG12 CA00), CVT transmission/2012 Sentra 2.0 (C4LG12 BN00), CVT transmission/2012 Rogue FWD S (W6RG12 AA00), CVT transmission. Selling Price is $29,427/$20,479/$25,162 financed at 0%/0.9%/0.9% APR equals $138/$98/$118 bi-weekly for 84/84/84 months. $4,250/$3,250/$4,300 down payment required. Cost of borrowing is $0/$555/$672 for a total obligation of $29,427/$21,034/$25,834. ±$29,427/$20,479/$25,162 Selling Price for a new 2012 Altima 2.5 S Luxury Package (T4RG12 CA00), CVT transmission/2012 Sentra 2.0 (C4LG12 BN00), CVT transmission/2012 Rogue FWD S (W6RG12 AA00), CVT transmission. Models shown $32,927 Selling Price for a new 2012 Altima 3.5 SR (T4SG12 AA00), CVT transmission/$24,979 Selling Price for a new 2012 Sentra 2.0 SL (C4TG12 AA00), CVT transmission/$35,662 Selling Price for a new 2011 Rogue SL AWD (Y6TG12 AA00), CVT transmission/$45,962 Selling Price for a new 2012 Titan CC SL 4X4 SWB (3CFG72 AA00), automatic transmission. ^†±Freight and PDE charges($1,695/$1,567/$1,750/$1,730), airconditioning tax ($100), certain fees where applicable (ON: $5 OMVIC fee and $29 tire stewardship fee) are included. License, registration, insurance and applicable taxes (including excise tax and fuel conservation tax, where applicable) are extra. Finance offers are available on approved credit through Nissan Canada Finance for a limited time, may change without notice and cannot be combined with any other offers except stackable trading dollars. Retailer order/trade may be necessary. Retailers are free to set individual prices. Offers valid between August 1st and September 30, 2012.

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Focus groups: Automakers are listening

Driving force. In some cases companies look for feedback from car owners, other times they mine online data or blogs to get your opinions

JIL MCINTOSH
drive@metronews.ca

Car companies like Chrysler rely on focus groups to give them consumer feedback. JIL MCINTOSH/FOR METRO

When automakers say they listen to consumers, in many cases, they literally do. Like other manufacturers of consumer goods, car companies use focus groups throughout the various stages of development.

"It's actually a group of people, typically six to 12, and it's a social conversation," says JoAnn Heck, director of consumer and market insights for Chrysler.

"The group is managed by a professional moderator to keep the conversation going, making sure they're drawing information from each participant and achieving the objectives the company wants."

There are different ways to find participants, depending on the study objectives. In some cases, they're Chrysler's customers.

In others, contact information comes from data research companies, online surveys, or even blogs.

"If we want to talk to them about their experience with Chrysler, we'll go to those owners, and we have their contact information through their purchase," Heck sways.

"If we want to know about a vehicle segment, we'll more often talk to those who bought from competitors. Sometimes we even deal with people who don't own a car, talking about their future intentions."

While quantitative data is obtained by such methods as multiple-choice questions or evaluations, focus groups are more about feelings.

"You don't just listen to the words," Heck says. "You watch them, listen for contradictions, or even tensions that come up when people try to explain things. We have the hard data about what people might think about a vehicle, while the focus groups give us the richness behind it, why they like or dislike something, and their emotions about the vehicle."

Depending on the level of research, those in the focus group may be shown the entire vehicle, or just parts of it. In some cases, they may even see something unrelated to the car, to stimulate conversation.

The research is used for everything from the vehicle's styling and usability, to how it should be advertised.

People of similar ages and lifestyles are usually grouped together, but the company only uses three or four groups of each. "After that, you'll get a lot of repetition," Heck says.

"You're looking for themes: not what one individual says, but what a number of people say."

What's involved?

- Focus groups are only part of a company's research, which can also include one-on-one, questionnaires, or even spending extended periods with people to see how they use their vehicles in their everyday lives.

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The GM Volt: How low will electric car go?

Incentives. General Motors discounts car, but how long can they afford to lose money on the vehicle?

Sales of the 2012 Chevrolet Volt set a monthly record of 2,800 in August, mostly because of steep discounts. DAVID ZALUBOWSKI/THE ASSOCIATED PRESS FILE

General Motors rolled out the Chevrolet Volt two years ago with lofty sales goals and the promise of a new technology that someday would help end America's dependence on oil.

So it seemed like a good thing in August when sales of the $40,000 car set a monthly record of 2,800. But a closer look shows that things aren't what they seem for the cutting-edge car.

Sales rose mostly because of discounts of almost $10,000, or 25 per cent of the Volt's sticker price, according to figures from TrueCar.com, an auto pricing website. Other pricing services gave similar numbers, and dealers confirmed that steeply discounted Volts are selling better than a few months ago.

GM's discounts on the Volt are more than four times the industry's per-vehicle average, according to TrueCar estimates. Edmunds.com and J.D. Power and Associates say they're about three times the average. Discounts include low-interest financing, cash discounts to buyers, sales bonuses to dealers, and subsidized leases.

Americans have been slow to embrace electric cars. But the Volt's August sales show they're willing to buy if prices are low enough. Even so, electrics have a long way to go before they enter the mainstream and make money for car companies. Electrics and gas-electric hybrids account for just 3.5 per cent of U.S. auto sales this year. GM is losing thousands of dollars on every Volt, raising the question of how long it can keep eating the steep losses.

Quoted

"It certainly wasn't a rousing success."

Carter Driscoll, senior analyst for CapStone Investments who follows electric cars, on the Volt's launch.

For the foreseeable future, carmakers will have to cut prices to move electric vehicles off dealer lots. The nonpartisan Congressional Budget Office says the cost of electric cars must drop to be competitive with gasoline-powered ones.

GM executives have conceded from the start that they were losing money on the Volt, and that was before the big discounts.

Now the losses could be even higher. It costs $60,000 to $75,000 to build a Volt, including development, manufacturing and raw materials, estimates Sandy Munro, president of Munro & Associates, a Troy, Mich., a company that analyzes vehicle production expenses for automakers. Much of the cost comes from an expensive combination of two power systems — electric and gasoline. With a sticker price of $40,000, minus the $10,000 the company pays in incentives, GM gets roughly $30,000 for every Volt. So it could be losing at least $30,000 per car.

GM confirmed there are incentives on the Volt and that the company loses money on the car. But the automaker declined to give figures for the discounts or the losses. The figures exclude a federal tax credit that goes to buyers.

GM spokesman Jim Cain says most of the Volt discounts come in the form of lease deals, which account for about two-thirds of sales. In some markets, Volts can be leased for $249 per month with $2,400 down.

THE ASSOCIATED PRESS

No spark at the start

The Volt, a four-seat compact, was rolled out in a few states in December 2010 with a starting price of $41,000.

- **GM had high hopes.** The car's features stacked up well against the Nissan Leaf, a pure electric car that debuted about the same time and is the Volt's closest competitor.
- **But the timing of the launch was poor.** The pricey car hit showrooms when many buyers were reeling from the bad economy and turned off by the government's $50 billion bailout of GM.
- **"Let's face it, over $40,000 is asking a lot for a compact car."** So said Bob Lutz, a retired GM vice chairman who led the development of the Volt.
- **Moving the needle.** Early this year, GM started offering many more discounts, which soared to $10,000 per car in August. The Volt is now the top-selling electric car in the U.S. — 7,400 ahead of the Prius Plug-in.

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Lancer SE Sportback model shown
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Includes $2000 in cash savings^
S-AWC
Outlander XLS model shown
2012 RVR ES
BEST-IN-CLASS FUEL ECONOMY†
Includes $2000 in cash savings^
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Horoscopes

♈ Aries
March 21 - April 20
Where affairs of the heart are concerned anything is possible today, so if there is someone you have feelings for and want to impress then turn on the charm. Don't be surprised if they fall into your arms!

♉ Taurus
April 21 - May 21
Both money and emotional matters are under good stars today, so if there is something you need to discuss, either at home or at work, don't be afraid to speak up. You'll get more than a fair hearing.

♊ Gemini
May 22 - June 21
Honesty is essential today, because if others find out that you are being economical with the truth, the trust that has built up between you will be gone in a flash. If you've done something wrong, own up to it.

♋ Cancer
June 22 - July 23
This is one of those times when you will almost certainly achieve more by doing less. Days when you can just sit back and let life come to you are few and far between, so enjoy it while you can.

♌ Leo
July 24 - Aug. 23
You are extraordinarily adventurous at the moment and today's Mercury-Jupiter link will encourage you to think and act in ways that lead to new discoveries. Life is what you make of it, so make a masterpiece.

♍ Virgo
Aug. 24 - Sept. 23
Put your ambitions to one side and focus on personal relationships, at least for the next 24 hours. The planets are urging you to remember that the higher you climb, the stronger your emotional foundations must be.

♎ Libra
Sept. 24 - Oct. 23
What happens today will liven things up and encourage you to believe that your dreams are within reach. It is also a great day for friendships and relationships. The line between the two may even be blurred.

♏ Scorpio
Oct. 24 - Nov. 22
You don't have to compromise but if you are smart you will look ahead and realize that the way you treat others now will determine how they treat you in the future. Give a little now and get a lot later.

♐ Sagittarius
Nov. 23 - Dec. 21
Your confidence is high and you honestly believe that something marvelous is about to occur. Because you think and feel that way, you will attract people and events that bring smiles aplenty — both to you and to others.

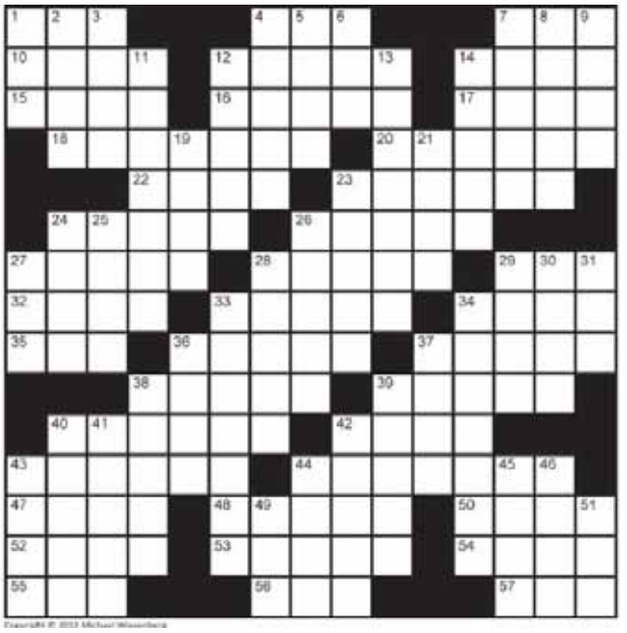
♑ Capricorn
Dec. 22 - Jan. 20
Don't be afraid to approach people who can be beneficial to you career-wise. They may seem a bit cold but will soon warm up when you tell them your plans. They will also be intrigued by your self-belief.

♒ Aquarius
Jan. 21 - Feb. 19
Do yourself a favour and spend time with those you love. Not only will you have a good time but you will learn something to your advantage, something you would not have known about had you stayed away.

♓ Pisces
Feb. 20 - March 20
Almost anything you say over the next 24 hours will be greeted with approval, which is gratifying to say the least. But don't say so much that you have nothing left to talk about tomorrow, Friday and over the weekend. **SALLY BROMPTON**

Shake Before Using

BY MICHAEL WIESENBERG



Across
1. ___ and [1-Down]: be indecisive, procrastinate
4. "Easy as ___!"
7. Chapeau
10. Iraqi or Lebanese
12. Symbolic Canadian leaf
14. Biblical givers
15. Bacchus's beverage
16. Molecule parts
17. "... for auld lang ___": New Year's song
18. Shopping ___: malls
20. Margot ___: Yellowknife-born Lois Lane portrayer in four Superman movies
22. Declining comments
23. Buffalo relatives
24. Bird feeder bits
26. Homes away from home during the summer
27. Mazda introduced in 1989
28. Groups of three
29. Poivre tablemate
32. Former: poetic
33. Pillages villages, say
34. "What is so ___ as a summer's day?"
35. Bottom line
36. BC Team
37. Like some cottage cheese (2 wds.)
38. Go by bike
39. Armour-breaking weapons of old
40. Tasks
42. Classroom furniture
43. James ___: Vancouver-born Montgomery Scott portrayer on *Star Trek*
44. 8 miles from Lake Louise, this lake has the same blue-green color and is named from the rockpile at one end
47. Deceptive manoeuvre
48. Play prompter's activity
50. Slippery fish
52. Unclosed
53. ___ Lauder: cosmetics and fragrance brand
54. Prairie Province: abbr.
55. Part of kph or mph
56. Québec summer
57. Maritime Province: initialism

Down
1. [1-Across] and ___
2. Guitarist Clapton
3. Head of hair
4. Appetizer spreads
5. Wall St. offerings
6. *Nightmare on ___ Street*
7. Composer Franz Joseph
8. *Citizen Kane* or *Hush Hush Sweet Charlotte* actress Moorehead
9. Amphitheatre level
11. R.B. ___: 11th Prime Minister (1930-35)
12. "Say 100 Hail ___": priest's suggestion for penance
13. Edmonton's CFL team
14. __-___: basis for Windows, originally
19. "Told you I could do it!"
21. AOL and Comcast
23. Prepares a hook
24. Father
25. ___ Coast
26. Witch
27. Chess or checkers pieces
28. Hammer and screwdriver, e.g.
29. Home plate ruling
30. Historic periods
31. Permit
33. Driver's ___: teenager's quest
34. Alberta-BC border feature
36. Constellation named for a stringed instrument
37. US space gp.
38. Montréal singer-poet Leonard most known for "Suzanne"
39. Become one company
40. Two-door auto
41. Canadian term of disrespect
42. Recipient
43. Abandon, as a subject
44. Catcher's glove
45. Bimonthly tide
46. Other
49. Employ
51. Schuss or wedel

Yesterday's Crossword

What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

	5	8	1		7			2
		9	3	5	4			
	7		2					
		7				6	9	3
8	6	3				1		
					6		5	
			5	9	2	3		
2			7		1	8	4	

Yesterday's Sudoku

Today 18°/11° Partly cloudy
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2013

Limited model shown

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2013

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HIGHWAY 5.6L/100 KM 50 MPG▼

INCLUDES: 18" ALLOY WHEELS ▪ SPORT-TUNED SUSPENSION ▪ DUAL EXHAUST WITH CHROME TIPS ▪ LEATHER SEATING SURFACES ▪ XM® RADIO WITH BLUETOOTH® HANDS FREE PHONE SYSTEM

SONATA SE AUTO. DELIVERY & DESTINATION INCLUDED.

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